Dy-No-Mite!





16 count intro (Start on "dance")

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Skata	Skata	Side	Together	Side	Cross	Rock Side.	Chua 1/8	Chua 1/8
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1	Keeping knees slightly bent bring Right foot beside left foot while pivoting right on left foot to
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face 1:00 and step Right forward (Right skate)

2 Keeping knees slightly bent bring Left foot beside right foot while pivoting left on right foot to

face 11:00 and step Left forward (Left skate)

Step Right to right side, & Step Left next to right, Step Right to right side

Cross Rock Left over right, & Recover in place on Right, Step Left to left side

7-8 Keeping feet shoulder width apart chug Right foot/heel two times to make 1/4 turn left (9:00)

Cross, Back, Glide Turn Side, Touch Out Out, Push, Push

1-2	Step Right across in front of left, Step Left back (push hips back for styling)
1 4	Old Mant adioss in horit of idit. Olds Edit back (basil hibs back for styllia)

Opening body to 10:30 diagonal step Right large step toward 1:30 diagonal, & (Sliding Left

foot on floor) Touch left toe next to right foot (start turning toward 12:00 with this touch), Turn

to face 12:00 to step Left to left side (12:00)

5&6 Turning hips toward 10:30 diagonal Touch Right next to left, & Squaring up to 12:00 step

Right to right side, Step Left to left side

&7&8 & Shrug both shoulders up as you turn torso toward 10:30, Push shoulders down with Right

arm straight down in front of body and Left arm straight down behind body, & Shrug both shoulders up as you turn torso toward 1:30, Push shoulders down with Left arm straight down

in front of body and Right arm straight down behind body

In, Quarter, Bend, Up, Pop, Pop, Walk, Walk

1-2	! B	ring Le	ft leg next	to right	(Left knee	popped t	forward, l	Right le	g straight),	1/4 turn left l	keeping

Left next to right (9:00)

3-4 Bend Right down (you are in a sitting position), Straighten Right (left knee still popped

torward)

5-6 Straighten Left leg while popping Right knee forward, Straighten Right leg while popping Left

knee forward (weight on right)

7-8 Step forward Left, Step forward Right

Step Pivot, Step Pivot, Touch & Touch, Pop Walk, Pop Walk

1-2 Step Left forward, Pivot 1/2 turn right (3:00)3-4 Step Left forward, Pivot 1/2 turn right (9:00)

5&6 Touch Left to left side, & Step Left next to right, Touch Right to right side

Step forward on Right (as you do so, close left to right popping left knee forward)

Step forward on Left (as you do so, close right to left popping right knee forward)

Start Over

Bracken Ellis Potter, California, USA, Bracken@MoveInLine.com, www.MoveInLine.com Ruben Luna, California, USA, rsluna2@aol.com