拍数： 32
墙数： 4
级数：Intermediate／Advanced
编舞者：Bracken Heidenreich（USA）\＆Ruben Luna（USA）－December 2010
音乐：Dynamite－Taio Cruz ：（Album：Rokstarr，Bonus Track Version）

## 16 count intro（Start on＂dance＂）

## Skate，Skate，Side Together Side，Cross Rock Side，Chug 1／8，Chug 1／8

1 Keeping knees slightly bent bring Right foot beside left foot while pivoting right on left foot to face 1：00 and step Right forward（Right skate）
2 Keeping knees slightly bent bring Left foot beside right foot while pivoting left on right foot to face 11：00 and step Left forward（Left skate）
$3 \& 4 \quad$ Step Right to right side，\＆Step Left next to right，Step Right to right side
5\＆6 Cross Rock Left over right，\＆Recover in place on Right，Step Left to left side
7－8 Keeping feet shoulder width apart chug Right foot／heel two times to make $1 / 4$ turn left（9：00）
Cross，Back，Glide Turn Side，Touch Out Out，Push，Push
1－2 Step Right across in front of left，Step Left back（push hips back for styling）
3\＆4 Opening body to 10：30 diagonal step Right large step toward 1：30 diagonal，\＆（Sliding Left foot on floor）Touch left toe next to right foot（start turning toward 12：00 with this touch），Turn to face 12：00 to step Left to left side（12：00）
5\＆6 Turning hips toward 10：30 diagonal Touch Right next to left，\＆Squaring up to 12：00 step Right to right side，Step Left to left side
\＆7\＆8 \＆Shrug both shoulders up as you turn torso toward 10：30，Push shoulders down with Right arm straight down in front of body and Left arm straight down behind body，\＆Shrug both shoulders up as you turn torso toward 1：30，Push shoulders down with Left arm straight down in front of body and Right arm straight down behind body

In，Quarter，Bend，Up，Pop，Pop，Walk，Walk

| 1－2 | Bring Left leg next to right（Left knee popped forward，Right leg straight），1／4 turn left keeping <br> Left next to right（9：00） |
| :--- | :--- |
| $3-4$ | Bend Right down（you are in a sitting position），Straighten Right（left knee still popped <br> forward） |
| $5-6$ | Straighten Left leg while popping Right knee forward，Straighten Right leg while popping Left <br> knee forward（weight on right） |
| $7-8$ | Step forward Left，Step forward Right |

Step Pivot，Step Pivot，Touch \＆Touch，Pop Walk，Pop Walk

1－2
3－4
5\＆6
7
8

## Start Over

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