

Overcome The Silence

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Katie Terrett (WLS) - January 2011
音乐: The Silence (New Single Mix) - Alexandra Burke : (Album: Overcome - Deluxe Edition)



(Start on Vocals 'Up')

SECTION 1: Side R, Back Rock L, Side Behind Turn 1/4 L Forward R, Step L Turn 1/2 Step, Full Turn L.

1-2& Side Right, Back Rock Left, Recover on R.
3-4& Side Left, Behind Right, Turn 1/4 Left. [9.00]
5 Step Right forward.
6&7 Step Left, 1/2 Turn Right, Step Left forward. [3.00]
8& Full Turn Left (Turn 1/2 back R, Turn 1/2 fwd L)

SECTION 2: Forward Rock R & Back Rock L, Turn 1/2 Shuffle Back, Turn 1/2 shuffle forward.

1-2& Forward Rock Right, Recover on L, Together Right (&)
3-4 Back Rock Left, Recover on Right.
5&6 Turn 1/2 Shuffling back on L,R,L.
7&8 Turn 1/2 Shuffling forward on R,L,R.

SECTION 3: Cross Rock L, Sweep/Ronde, L Sailor Step, R Behind Side Cross & Cross Rock R.

1&2 Cross Rock Left, Recover on R (&) Sweep/ Ronde Left around into
3&4 Left Sailor Step.
5&6 Right Behind, Left Side, Cross Right.
&7-8 Side L (&) Cross Rock Right, Recover on L.

SECTION 4: Diagonal, Step R forward, Turn 1/2 Back on L, Back Lock Back, Step L Back, Touch R out, in, Side R Together * Knee pop.

1-2 (Diagonal facing Left) Step Right Forward. Turn 1/2 Back on Left.
3&4 Right Back Lock Back.
5-6& Step Left Back, Touch Right out to side. Touch R next to Left.
7-8 Side Right, Left Together next to R at same time Kneepop R forward. (*)

SECTION 5: Diagonal Walk R, Walk L forward. Turn 1/4 L Touch R , Turn 1/2 LTouch L, Sways.

1-2 (Face Diagonal Wall) Walk Forward R, L.
3-4 Turn 1/4 L, Touch R Side, Step on to R. /
5-6 Turn 1/2 L, Touch L Side, Step on to L. / Keep in a diagonal straight line.
7-8 Turn 1/4 (Straighten up) Sway R- Sway L.

SECTION 6: Side R Chasse, Sway Sway, Side L Chasse, Rocking Chair R.

1&2 Right Side Close Side.
3-4 Sway L, R.
5&6 Left Side Close Side.
7&8& Forward Rock Right, Recover L (&) Back Rock Right, Recover on L.

(*) RESTART- During Wall 2 (Facing Back) After Side Together (Count 32) Hold then Restart. Straighten up on Back Wall.*

TAG- Facing Front Wall- Add this Tag to the End of Wall 3.

1-2 Sway/ Side Rock Right
3&4 R Behind, Side, Cross.
5-6 Sway/ Side Rock Left.

7&8

L Behind, Side, Cross.

ENDING- Dance ends on Back L, Point R to Side.

Contact: email - kcterrett@talktalk.net
