Hard Hat and a Hammer



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音乐: Hard Hat and a Hammer - Alan Jackson



BRUSH, CROSS POINT, SHUFFLE FORWARD R + L

1 – 2 RF swing with brush forward ,RF cross over LF and Point Right toe

3&4 RF Shuffle forward r-l-r

5 – 6 LF swing with brush forward ,LF cross over RF and point left toe

7&8 LF shuffle forward I-r-I

STEP, 1/4 TURN LEFT, CROSS SHUFFLE, STEP, 1/2 PIVOT TURN, CROSS SHUFFLE

1 - 2 RF step forward with ¼ turn left (Weight on LF)
3&4 RF cross over LF, LF next RF, RF step to the right

5 – 6 LF step forward ,1/2 Pivot turn right

7&8 LF cross over RF, RF next LF, LF step to the right

ROCK STEP TURNING 1/4 L, UNWIND 1/2 L, HITCH +DIAGONAL SHUFFLE R - L

1 – 2 RF step to the right, recover on LF making ¼ turn left

TAG: here in the 3. Round start again)

3 – 4 RF cross over LF and make 1/2 turn left

5&6& RF hitch knee and diagonal shuffle forward to the left (r-l-r)

(Shoulders to the left)

7&8 LF hitch knee and diagonal shuffle forward to the right (I-r-I)

(Shoulders to the right

HITCH + DIAGONAL SHUFFLE R-L, KICK-BALL-STEP 2X

1&2& RF hitch knee and diagonal shuffle forward to the left (r-l-r)

(Shoulders to the left)

3&4 LF hitch knee and diagonal shuffle forward to the right (l-r-l)

(Shoulders to the right)

5&6 RF heel touch forward, RF Step next , LF step forward 7&8 RF heel touch forward, RF Step next , LF step forward

Start again