# Roll Tide Roll



编舞者: M. Clements - January 2011 音乐: Ala-Freakin-Bama - Trace Adkins



## Start dance on lyrics

## KICK BALL, KICK BALL, RIGHT SIDE TRIPLE, ROCK, RECOVER

| 1&2 | Right kick ball change           |
|-----|----------------------------------|
| 3&4 | Right kick ball change           |
| 5&6 | Chassé side right, left, right   |
| 7-8 | Rock left back, recover to right |

# SHUFFLE FORWARD, STEP, $\frac{1}{2}$ TURN TO THE LEFT, SHUFFLE FORWARD STEP, $\frac{1}{2}$ TURN TO THE RIGHT

| 1&2 | Shuffle forward with left, right, left                            |
|-----|---|
| 3-4 | Step right forward, ½ turn to the left ending with weight on left |
| 5&6 | Shuffle forward with right, left right                            |
| 7-8 | Step left forward. ½ to the right ending with weight on right     |

## LEFT GRAPEVINE, RIGHT GRAPEVINE

| 1-2 | Step left to side, cross right behind left   |
|-----|--|
| 3-4 | Step left to side, touch right next to left  |
| 5-6 | Step right to side, cross left behind right, |
| 7-8 | step right to side, touch left next to right |

#### JAZZ BOX, JAZZ BOX 1/4 TURN TO THE RIGHT

| 1 – 2 | Cross right over left, step left back          |
|-------|--|
| 3 – 4 | Step right to side, step left slightly forward |
| 5 – 6 | Cross right over left, step left back 1/4 turn |
| 7 – 8 | Step right to side, step left slightly forward |

#### **REPEAT**