拍数： 64
境数： 4
级数：High Beginner
编舞者：Joyce Nicholas（MY）－January 2011
音乐：Don＇t Wait Up－Diane Birch ：（Album：Bible Belt）

Count in：Dance begins on vocals
［1－8］Chasse R，Rock Back，Recover，Step，Hold，\＆Step，Touch
$1 \& 2 \quad$ Step $R$ to right，Step $L$ beside right，Step $R$ to right
3－4 Rock back on L，Recover on R
5－6 Step L to left，Hold
\＆7－8 Step R beside L，Step L to left，Touch $R$ beside left［12．00］
［9－16］Cross Rock，Recover，Chasse，Cross Rock，Recover，Chasse $1 / 4$ Turn L
1－2 Cross rock $R$ over left，Recover on L
3\＆4 Step R to right，Step L beside R，Step R to right
5－6 Cross rock L over right，Recover on $R$
$7 \& 8 \quad$ Step L to left，Step R beside L，Turning $1 / 4$ left，Step L fwd［9．00］
［17－24］Shuffle Fwd R \＆L，Pivot $1 / 2$ L，Stomp，Clap
1\＆2 Step R fwd，Step L beside right，Step R fwd
3\＆4 Step L fwd，Step R beside left，Step L fwd
5－6 Step R fwd，Pivot $1 / 2 \mathrm{~L}$
7－8 $\quad$ Stomp $R$ beside left，Clap［3．00］
［25－32］Repeat 17－24［9．00］
［33－40］Jazz Box，Jazz Box $1 / 4$ Turn R
1－2 Cross $R$ over left，Step back on $L$
3－4 Step $R$ to right，Step $L$ beside right
5－6 Cross R over left，Step back on $L$
7－8 Step R ¼ turn right，Step L beside right［12．00］
［41－48］Rock Back Recover，Fwd Shuffle，Rock Fwd Recover， $1 / 2$ Triple Turn Left
1－2 Rock back on R，Recover on L
3\＆4 Step R fwd，Step L beside right，Step R fwd
5－6 Rock L fwd，Recover on R
7\＆8 Execute triple step while turning $1 / 2$ left（LRL）［6．00］
ONE RESTART：On Wall 2，dance up to 48 counts－you will begin wall 3 facing 9.00
［49－56］Rock Back，Fwd Shuffle，Rock Fwd，Recover， $1 / 4$ L Side Shuffle
1－2 Rock back on R，Recover on L
3－4 Shuffle R fwd RLR
5－6 Rock fwd on L，Recover on R
$7 \& 8 \quad$ Turning $1 / 4$ left，Side shuffle LRL［3．00］
［57－64］Heel Ball Cross，Side Rock，Cross Shuffle，StepTouch
1\＆2 Dig R heel slightly fwd to right diagonal，Step down on R，Cross L over right
3－4 Rock $R$ to right，Recover onto left
5\＆6 Cross R over left，Step L to left，Cross R over left
7－8 Step $L$ to left，Touch $R$ beside left［3．00］

For a nice ending facing front: 6TH Wall (facing back) - You will end with count 32, replace the Stomp, clap with a Pivot $1 / 4$ left:

