拍数： 64
壇数： 2
级数：Intermediate
编舞者：Ross Brown（ENG）－January 2011
音乐：Rocket（Svenstrup \＆Vendelboe Remix）（Radio Edit）－Mohamed Ali ：（CD：
Rocket Svenstrup \＆Vendelboe Remix，3：57）

Intro： 8 Counts（Approx． 3 Secs）<br>STEP，TOUCH．BALL，KICK，BALL．STEP，LOCK，STEP．HOLD／TOUCH．KICK，OUT，OUT．<br>1－2 Step forward with right，touch left behind right．<br>\＆ 3 \＆Step back with left，kick right foot forward，step right next to left．<br>4 \＆ 5 Step forward with left，lock right behind left，step forward with left．<br>$6 \quad$ Hold for 1 count OR touch right next to left．<br>7 \＆ $8 \quad$ Kick right foot forward，step right to the right，step left to the left．（12 o＇clock）<br>BALL，CROSS．UNWIND FULL TURN R．SYNCOPATED VINE．HOLD．CROSS，SIDE，BEHIND，SWEEP．<br>\＆ 1 Step right next to left，cross step left over right．<br>2－3 Unwind a full turn right over two counts．（Optional：Bounce your heels）<br>4\＆5 Step left to the left，cross step right behind left，step left to the left．<br>6 Hold for 1 count．<br>7 \＆ 8<br>\＆<br>Cross step right over left，step left to the left，cross step right behind left．<br>Sweep left foot around from in front to behind．（12 o＇clock）

，
BEHIND．CHASSE ¼ TURN R．SPIRAL FULL TURN R．SHUFFLE FORWARD．STEP，PIVOT ¼ TURN R， CROSS．
1 Cross step left behind right．
2 \＆ 3 Step right to the right，close left up to right，make a $1 / 4$ turn right stepping forward with right．
4 Make a full turn right stepping forward with left and hooking right across left shin．
5 \＆ $6 \quad$ Step forward with right，close left up to right，step forward with right．
$7 \& 8 \quad$ Step forward with left，pivot a $1 / 4$ turn right，cross step left over right．（6 o＇clock）
SIDE．SAILOR ½ TURN L．SIDE STEP $1 / 4$ TURN L．SAILOR $1 ⁄ 4$ TURN L．HOLD，BALL，STEP．
1 Step right to the right．
2 \＆ $3 \quad$ Make a $1 / 2$ turn left stepping；left behind right，right next to left，forward with left．
$4 \quad$ Make a $1 / 4$ turn left stepping right to the right．
$5 \& 6 \quad$ Make a $11 / 4$ turn left stepping；left behind right，right next to left，forward with left．
7 \＆ $8 \quad$ Hold for 1 count，step right next to left，step forward with left．（6 o＇clock）
Note：For the following three Sections the ROCKs should be very light footed．If you find this difficult，you could replace the ROCKs with TOUCHs．

## CROSS ROCK ¼ TURN R．SIDE ROCK．CROSS ROCK，SIDE．CROSS ROCK，SIDE ROCK．CROSS

 ROCK，SIDE．$1 \& \quad$ Make a $1 / 4$ turn right rocking right over left，recover onto left．
2 \＆Rock right to the right，recover onto left．
$3 \& 4 \quad$ Cross rock right over left，recover onto left，step right to the right．
$5 \& 6 \& \quad$ Cross rock left over right，recover onto right，rock left to the left，recover onto right．
7 \＆ $8 \quad$ Cross rock left over right，recover onto right，step left to the left．（9 o＇clock）
CROSS ROCK，SIDE ROCK．SAILOR STEP．CROSS ROCK，SIDE ROCK．SAILOR ¼ TURN L．
$1 \& 2$ \＆Cross rock right over left，recover onto left，rock right to the right，recover onto left．
3 \＆ 4
Cross step right behind left，step left to the left，step right to the right．
$5 \& 6$ \＆Cross rock left over right，recover onto right，rock left to the left，recover onto right．

MAMBO FORWARD. MAMBO BACK with TOUCH. MAMBO BACK. MAMBO FORWARD with TOUCH.
1 \& $2 \quad$ Rock forward with right, recover onto left, step back with right.
3 \& $4 \quad$ Rock back with left, recover onto right, touch left toe forward.
5 \& $6 \quad$ Rock back with left, recover onto right, step forward with left.
7 \& 8 Rock forward with right, recover onto left, touch right toe back. (6 o'clock)

## FULL TURN R (TRAVELLING BACK). COASTER STEP. STEP, BACK STEP ½ TURN L. SHUFFLE ½ TURN

 L.1-2 Make a full turn right stepping; onto your right foot ( $1 / 2$ ) back with left ( $1 / 2$ ).
3 \& 4 Step back with right, step left next to right, step forward with right.
5-6 Step forward with left, make a $1 / 2$ turn left stepping back with right.
7 \& $8 \quad$ Shuffle a $1 / 2$ turn left stepping; left, right, left. (6 o'clock)

## End of Dance. Start again and Enjoy!

TAG At the end of Wall 2, add the following Tag (facing 12 o'clock)
1-2 Rock forward with right, recover onto left,
3-4 Make a $1 / 4$ turn right stepping right to the right, cross step left over right.
5-6 Make a $1 / 4$ turn left stepping back with right, make a $1 / 2$ turn left stepping forward with left.
$7-8 \quad$ Step forward with right, pivot a $1 / 2$ turn left.
Contact: ross-brown@hotmail.co.uk

