

拍数: 48 墙数: 4 级数: Improver

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音乐: If It Will It Will - Hank Williams, Jr.: (count in on word class 5 6 7 8)



Right Start

TOE, BACK, HEEL,	, BACK, TOE, BACK,	, HEEL, BACK	, SHUFFLE FORWARD,	ROCK FORWARD/
RECOVER				

ILOUVEIX	
1	Touch Right beside Left in step turning Right knee inward
&2&	Step right back, tap left heel forward, step left back
3	Touch Right beside Left in step turning Right knee inward
&4&	Step right back, tap left heel forward, step left back

5&6 Shuffle forward (right left right)7-8 Rock left forward, recover to right

SHUFFLE BACK, ROCK BACK/RECOVER, SHUFFLE FORWARD, PADDLE 1/4

1&2	Shuffle back (left right left)
3-4	Rock right back, recover to left
5&6	Shuffle forward (right left right)

7-8 Step left toe forward, paddle $\frac{1}{4}$ right weight to right $\square(3:00)$

PADDLE 1/4, ROCK FORWARD/RECOVER, TRIPPLE 3/4 LEFT, PADDLE 1/4

1-2 Step left toe forward, paddle $\frac{1}{4}$ right weight to right \square (6:00)
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3-4 Rock left forward, recover to right 5&6 Triple left 3/4 in place □ (9:00)

7-8 Step right toe forward, paddle $\frac{1}{4}$ left weight to left \square (6:00)

PADDLE 1/4, ROCK FORWARD/RECOVER, TRIPLE 3/4 RIGHT, MAMBO FORWARD

1-2	Step right toe t	forward, pa	addle ¼ left v	weight to left \Box	(3:00)

3-4 Rock right forward, recover left

7&8 Rock left forward, recover to left, step left next to right

SIDE SHUFFLE, ROCK BACK 1/4, RECOVER 1/4, SIDE SHUFFLE, ROCK BACK 1/4, RECOVER

1&2	Shuffle to right side (right left right)
3	Rock left back 1/4 left□□□□□(9:00)
4	Recover right 1/4 right □ □ □ □ (12:00)
5&6	Shuffle to left side (left right left)

7-8 Rock right back ¼ right, recover to left □□ (3:00)

STEP, HOLD/CLAP, SLIDE, STEP, HOLD/CLAP, SLIDE, STOMP, HOLD X3

1-2	Step right diagonal to right, hold/clap	

& Slide left quickly together next to right (together is a weight to left)

3-4 Step right diagonal to right, hold/clap

& Slide left quickly together next to right (together is a weight to left)

5 Stomp right next to left leaving weight on left

6-7-8 Hold, Hold, Hold (hands out with palms down for 3 holds)

RESTART

