

Bachata Risma

拍数: 96 墙数: 4 级数: Improver
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音乐: Lamento Boliviano - Toke D Keda



Start : After 32 Count

(A) BASIC STEP SIDE BACHATA , HIP BUMP --- X 2 (R,L)

- 1 - 2 Step R to right side – Close L together R
- 3 - 4 Step R to right side bumping hip to right – Touch L slightly opened to side bumping Hip to left
- 5 - 6 Step L to left side – Close R together L
- 7 - 8 Step L to left side bumping hip to left – Touch R slightly opened to side bumping Hip to right

(B) 1 – 8 REPEAT SECTION A

(C) BASIC STEP FORWARD AND BACKWARD BACHATAS'S (body angle face at 11:00)

- 1 - 2 Step R forward -- Step L beside R
- 3 - 4 Step R forward bumping hip to right forward – Touch L slightly behind R Bumping hip to left back
- 5 - 6 Step L backward – Step R back together
- 7 - 8 Step L backward bumping hip to left back – Touch R slightly forward bumping To right forward

(D) 1 – 8 REPEAT SECTION C

(E) VINE , TOUCH – HIP BUMPS --- X2 (R , L)

- 1 - 2 Step R to right side – Cross L behind R
- 3 - 4 Step R to right side bumping hip to right – Touch L slightly opened to side bumping Hip to left
- 5 - 6 Step L to left side - cross R behind L
- 7 - 8 Step L to left side bumping hip to left – touch R slightly opened to side bumping Hip to right

(F) SIDE – RECOVER WITH HIP BUMPS ---- X2

- 1 - 2 Step R to right side - hip bump to left (weight on R)
- 3 - 4 Recover onto L – hip bump to right (weight on L)
- 5 - 6 Repeat (1 – 2)
- 7 - 8 Repeat (3 – 4)

“ENDING” here , on 5th Wall

Do these on count 7-8 of section F :

- 7 Step left side bumping hip to left
- 8 Make long step R to right side with raising up your right hand

(G) ROLLING VINE , HIP BUMPS ----X2

- 1 Make a ¼ turn right stepping R forward
- 2 Turn ½ right stepping L back
- 3 Turn ¼ to right stepping R to right side
- 4 Hip bump to left (weight on R)
- 5 Make a ¼ turn left stepping L forward
- 6 Turn ½ left stepping R back
- 7 Turn ¼ to left stepping L to left side
- 8 Hip bump to right (weight on L)

(H) 1 – 8 REPEAT SECTION E

(I) SIDE , RECOVER , ¼ TURN LEFT – WITH HIP BUMPS

- 1 – 2 Step R to right side – hip bump to left (weight on R)
- 3 – 4 Recover onto L – hip bump to right (weight on L)
- 5 Turn ¼ left Step R to right side bumping hip to right
- 6 Hip bump to left (weight on R)
- 7 – 8 Recover onto L – hip bump to right (weight on L)

(J) 1 – 8 REPEAT SECTION E

(K) ROCK , RECOVER WITH SHOULDER MOVEMENTS, HIP BUMPS --- X2

- 1 Rock R to right side moving shoulder to right
- 2 Recover onto L moving shoulder to left
- 3 Recover onto R moving shoulder to right
- 4 Hip bump to left (weight on R)
- 5 Rock L to left side moving shoulder to left
- 6 Recover onto R moving shoulder right
- 7 Recover onto L moving shoulder to left
- 8 Hip bump to right (weight on L)

(L) FORWARD , RECOVER – WITH SHOULDER MOVEMENTS , HIP BUMP , STOMP – HOLD AND SHAKE SHOULDER

- 1 – 2 Step R forward (body angle face at 11.00) moving shoulder to right – Recover onto L
Moving shoulder to left
- 3 – 4 Recover onto R moving shoulder to right – hip bump to left (weight on R)
- 5 – 6 Stomp L beside R - hold
- 7 & 8 Shake shoulder

REPEAT

NOTE : “ENDING” On 5 th Wall

Do these on count 7 – 8 of section F :

- 7 Step L to left side bumping hip to left
- 8 Make long step R to right side with raising up your right ha

Last Update - 3 Aug 2024
