Addiction



拍数: 32 增数: 4 级数: Intermediate 编舞者: Maria Maag (DK) & Jannie Tofte Stoian (DK) - January 2011

音乐: Addiction - Medina



Intro: 32 count intro - start on word 'here' when heavy beat starts (app. 22 sec. into track)

[1-8] Side behind side cross, Side, Back rock, Kick ball cross

1 Step R to R side [12:00]

2&3 Cross L behind R, step R to R side, cross L in front of R

4 Step R to R side

5-6 Rock L back, recover onto R

7&8 Kick L diagonally fw L, step L next to R, cross R over L

(Restart 2 here - Kick L diagonally fw L, turn ¼ L stepping L fw, touch R next to L – facing 06:00) [12:00]

[9-16] 1/4 turn R x2, Cross shuffle, 1/4 turn L, Back rock, Step lock

1-2 Turn ¼ R stepping L back, turn ¼ R stepping R to side [06:00]

3&4 Cross L over R, step R to R side, cross L over R
5-6 Turn ¼ L stepping R back, rock back on L [03:00]

7&8 Recover onto R, step L fw, lock R behind L

(Restart 1 here – Step L fw(&), touch R next to L(8) – facing 12:00 o'clock) [03:00]

[17-24] Jazzbox ¼ R, Cross rock, Ball cross, ¼ turn R

1-2 Step L fw, cross R over L [03:00]

3-4 Turn ¼ R stepping L back, Step R to R side [06:00]

5-6 Cross rock L over R, recover back onto R

&7-8 Step L small step to L side, cross R over L, turn 1/4 R stepping back on L [09:00]

[25-32] ½ turn R, Step ½ turn R, Shuffle L fw, Fw rock, Side rock, Back rock

1 Turn ½ R stepping R fw [03:00]

2-3 Step L fw, turn ½ R stepping onto R [09:00]

4&5 Step L fw, step R next to L, step I fw

6&7& Rock R fw, recover onto L, rock R to R side, recover onto L

8& Rock R back, recover onto L [09:00]

Restarts: 2 restarts. 1st on wall 2 after 16 counts. 2nd on wall 8 after 8 counts.

Ending – Wall 11 – Starts facing 12:00 o'clock:

After wall 11 make 1/4 turn R stepping R fw.

Good luck & enjoy!

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