Something In The Water



拍数: 96 增数: 2 级数: Phrased Late Intermediate

编舞者: Margaret Warren (AUS) - February 2011

音乐: Something In the Water - Brooke Fraser: (Female Artist)



Start on Vocals, 16 beats (after the do do do's) Sequence, 64, 32, 64, 32, 64, 32, 8

Part A

R Side, Tog, Kick Ball Cross, Toe Strut, Behind, Replace

1,2,3&4 Step R to side, step L beside R, kick R fwd, step on R, cross L over R 5,6,7,8 Step R toes to side, drop heel, rock L behind R, replace on R (12)

L Side, Tog, Kick Ball Cross, Toe Strut, Behind, Replace

1,2,3&4 Step L to side, step R beside L, kick L fwd, step on R, cross R over L 5,6,7,8 Step L toes to side, drop heel, rock R behind L, replace on L (12)

Side, Back, Cross, Hold, Side, Back, Cross, Hold

1,2,3,4 Step to side on R, step back on L, cross R over L, hold 5,6,7,8 Step to side on L, step back on R, cross L over R hold (12)

Side, Behind, 1/4 Turn, Scuff, Fwd, 1/4 Turn, Step on R, Cross, Point

1,2,3,4 Step R to side, step L behind R, turning ¼ R step fwd on R, scuff L Step fwd on L, turn ¼ R, step on R, cross L over R, point R to side (6)

Behind Point, Behind Point, Back, Replace, Sway, Sway

1,2,3,4 Step R behind L, point L to side, step L behind R, point R to side 5,6,7,8 Rock back on R, replace on L, sway R to side, sway L to side (6)

1/4 Turn, Lift, 1/4 Turn Sailor, x 2

1,2,3&4 Turning ¼ L step back on R, lift L slightly & swing into a ¼ turn sailor step (12) 5,6,7&8 Turning ¼ L step back on R, lift L slightly & swing into a ¼ turn sailor step (6)

Cross, Replace, Tog, Cross, Replace, ¼ turn, Fwd, Pivot ½ turn, Fwd

1,2,3,4,5 Cross R over L, replace L, step R tog, cross L over R, replace R 6,7,8 Turn ¼ L step fwd on L, step fwd on R, pivot ½ turn L weight on L (9)

Fwd, Replace, Back, 1/4 Turn, Cross, 1/4 Turn Back, 1/4 Turn Side, Side, Drag, Touch

1,2,3&4 Rock fwd on R, replace on L, step back on R, turn ¼ L step L to side, cross R over L

5,6,7,8 Turn ¼ R step back on L, turn ¼ R step R to side, big step L to side Drag R & touch beside L

(64) End of part A-- Each time you do part B it will be the Chorus

Part B

R Cross, Side, Cross, Sweep, L Cross, Side, Cross, Sweep

1,2,3,4 Cross R over L, step L to side, cross R over L, sweep L to side

(Lift R arm across as in swimming on steps 1&3)

5,6,7,8 Cross L over R, step R to side, cross L over R, sweep R to side (12)

(Lift L arm in same action as R)

Cross, Hold, Cross, Hold, V Step

1,2,3,4 Cross R over L, hold, cross L over R, hold (Same arm action as above)
5,6,7,8 Step R to side, step L to side, step R back to centre, step L beside R (12)

1/2 Turn Monterey, 2 Heel Struts Back

1,2,3,4 Point R toes to side, turn ½ R & step on R, point L to side, step L beside R

5,6,7,8 Step back on R toes, drop heel, step back on L toes, drop heel (6)

(with R strut bring R arm up & over shoulder, same with L)

Back, Replace, ½ L Turn pivot, Fwd, Replace, ½ R Turn, Fwd, Tog

1,2,3,4 Rock back on R, replace on L, step fwd on R, pivot ½ turn L (weight on L) 5,6,7,8 Rock fwd on R, replace on L, turn ½ R, step fwd on R, step L beside R (6)

(32) End of Part B

The Chorus is done twice at the end of Music, you will finish at the front.

To finish dance with last 8 beats: Step R over L, replace on L, step R over L, Hold Step L over R, replace on R, step L to side, drag R beside L

Note: This song not to be confused by song with the same name sung by male artist This is a completely different song