Footprints (Yodeling Polka)



拍数: 64 **墙数:** 4 **级数:** Improver

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音乐: Modern Patsy - Footprints



Intro: 16 count after the slow beats (15 Sec)

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[1-8] Touch Back, Unwind 1/2 L, Scuff Fwd Quarter Turn L, Back Rock / Recover, Side Chasse 1-2 Touch back on Lf, turn 1/2 to left (6) take weight onto Lf		
3&4	Scuff forward on Rf, turn 1/4 to left on Lf (3), step Rf back in place slightly to right weight onto Rf	
5-6	Rock back on Lf, recover on Rf weight onto Rf	
7&8	Step Lf to the left, step Rf beside Lf, step Lf to the left weight onto Lf (Side Chasse) (3:00)	
[9-16] Rock / Recover, Side Chasse with 1/4 Turn R, 1/2 Shuffle Turn R, Back Rock / Recover		
1-2	Rock forward on Rf, recover on Lf weight onto Lf	
3&4	Step Rf to the right, step Lf beside Rf, turn 1/4 to right (6) step forward on Rf weight onto Rf (Side Chasse 1/4)	
5&6	Turn 1/2 to right (12) step back on Lf, step Rf in front of Lf, step back on Lf weight on Lf (1/2 shuffle turn R)	
7-8	Rock back on Rf, recover on Lf weight onto Lf (12:00)	
[17-24] Step Heel Twist, Point Heel Flick, Step Heel Twist, Back Rock / Recover		
1&2	Step forward on Rf, twist both heels to right, twist both heels back to center take weight onto Lf	
3&4	Point forward on Rf, flick R heel to right, step Rf back in place weight onto Rf	
5&6	Step forward on Lf, twist both heels to left, twist both heels back to center take weight onto Rf	
7-8	Rock back on Lf, recover on Rf (12:00)	
[25-32] Rock / Recover, 1/4 Turn L, Side Chasse with 1/4 Turn L, Scuff Fwd Quarter Turn L, Back Rock / Recover		
1-2	Rock forward on Lf, recover on Rf weight onto Rf	
3&4	Turn 1/4 to left (9) step Lf to the left, step Rf beside Lf, turn 1/4 to left (6) step forward on Lf weight onto Lf (Side Chasse)	
5&6	Scuff forward on Rf, turn 1/4 to left on Lf (3), step Rf back in place slightly to right weight onto Rf	
7-8	Rock back on Lf, recover on Rf weight onto Rf	
[33-40] Syncopated Lock Steps Fwd (Diagonally), 3/8 Turn R, Syncopated Lock Steps Fwd		
1&2	Step diagonal forward on Lf, lock Rf behind Lf, step forward on Lf	
&3&4 586	Lock Rf behind Lf, step forward on Lf, lock Rf behind Lf, step forward on Lf weight onto Lf	
5&6	Turn 3/8 to right (6) step forward on Rf, lock Lf behind Rf, step forward on Rf	
&7&8	Lock Lf behind Rf, step forward on Rf, lock Lf behind Rf, step forward on Rf weight onto Rf (6:00)	
[41-48] Fwd Rock / Recover, 1/2 L, 1/4 L, Back Rock / Recover, 1/2 R, 1/4 R 1-2 Rock forward on Lf, recover on Rf		
1-2	NOOK IOI WAILU OII EI, TECOVEI OII KI	

Turn 1/2 to left (12) step forward on Lf, continue a 1/4 turn to left (9) step Rf to the right

Turn 1/4 turn to right (12) step back on Lf, continue a 1/4 turn to right (3) step Rf to the right

[49-56] Side Rock / Recover, Cross Shuffle, Side Rock / Recover, Cross Shuffle

Rock back on Lf, recover on Rf

weight onto Rf

3-4

5-6

7-8

1-2	Rock Lf to the left, recover on Rf weight onto Rf (3)
3&4	Cross Lf over Rf, step Rf slightly to the right, cross Lf over Rf weight onto Lf
5&6	Rock Rf to the right, recover on Lf weight onto Lf
7&8	Cross Rf over Lf, step Lf slightly to the left, cross Rf over Lf weight onto Rf (3:00)
[57-64] 1/4 Tur	n R, Back, Side, Lock Step Fwd, Fwd Rock / Recover, Quarter Turn R, Side, Side Rock /
Recover	TITY, Dack, Olde, Lock Olep I wd, I wd Nock / Necover, Quarter Turrin, Olde, Olde Nock /
	Turn 1/4 to right (6) step back on Lf, step Rf to the right weight onto Rf
Recover	
Recover 1-2	Turn 1/4 to right (6) step back on Lf, step Rf to the right weight onto Rf

Start Again And Have Fun!

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