

Four Strong Winds

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Karen Tripp (CAN) - February 2011
音乐: Four Strong Winds - Ian Tyson : (Album: I Outgrew the Wagon)



16-count wait, start with right foot. Start dancing on lyrics

SIDE TOUCH, SIDE TWO-STEP & TOUCH, SIDE TOUCH

- 1-2 Step side on right, touch left next to right
- 3-4 Step side on left, close right next to left
- 5-6 Step side on left, touch right next to left
- 7-8 Step side on right, touch left next to right

½ BOX FORWARD & TOUCH, SIDE, CLOSE (**), WALK BACK 2

- 1-2 Step side on left, close right next to left
- 3-4 Step forward on left, touch right next to left
- 5-6 Step side on right, close left next to right (**)
- 7-8 Walk back 2 steps, right then left

SIDE STAIRS 8

- 1-2 Step side on right, close left next to right
- 3-4 Step forward on right, close left next to right
- 5-6 Step side on right, close left next to right
- 7-8 Step forward on right, close left next to right

ROCK FWD, RECOVER, ¼ RIGHT SAILOR, ROCK FWD, RECOVER, BACK COASTER

- 1-2 Rock forward on right, recover back on left
- 3&4 Cross right behind left turning ¼ right, step left, then right
- 5-6 Rock forward on left, recover back on right
- 7&8 Step back on left, close right to left, step forward on left

REPEAT

(**) Dance ends here in 4th rotation of dance. Extend arms to sides on last beat.

Choreographer: Karen Tripp, Cranbrook, BC, Canada - Email: karen@trippcentral.ca

Last Revision - 15th February 2013