Black and White 2



拍数: 32 墙数: 4 级数: Intermediate

编舞者: William Sevone (UK) - March 2011

音乐: Black & White - G.NA: (Single / Black & White Album)



Choreographers note:- K-Pop (Korean pop music) dance with three Tags to keep within the full phrasing.

A two Tag Advanced Beginner version of this dance is also available.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts on count 17 with the heavy beat one count AFTER the start of the vocals – feet apart and weight on left.

Hip Bumps and Hooks (12:00)

(feet slightly apart with hands on hips)

	1 – 2	Bump hips to left. Bump hips to r	iaht.
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- 3 4Bump hips to left. weight on right - Hook left foot behind right leg.
- 5 6Step left to left side - bumping hips left. Bump hips right.
- 7 8Bump hips to left. weight on right - Hook left foot behind right leg.

2x Slow 'Scissor'. Side Rock. Recover (12:00)

9 – 10	Step left to left side. Step right next to left.
11 – 12	Cross left over right. Step right to right side.
13 – 14	Step left next to right. Cross right over left.
15 – 16	Step/rock left to left side. Recover onto right.

3x Fwd Tap-Back. Back Rock with Dip. Recover (12:00)

17 – 18	Tap left toe in front of right. Step backward onto left.
19 – 20	Tap right toe in front of left. Step backward onto right.
21 – 22	Tap left toe in front of right. Step backward onto left.

Turn upper body to right & rock backward onto right. Turn upper body fwd & recover onto left 23 - 24(12).

Dance note: Count 23 – dip right shoulder with rock.

3x Hitch-Diagonal. 3/4 Side Rock. Recover (3:00)

25 – 26	Hitch right knee. Step right diagonally forward left.
27 – 28	Hitch left knee. Step left diagonally forward right.
29 – 30	Hitch right knee. Step right diagonally forward left.
31 – 32	Turn 3/4 left & rock left to left side. Recover onto right (prepare to shift weight to left)

TAG A: After Wall 5 and Wall 9 (after Chorus) - facing the 3:00 wall.

16 Count Full On-The-Spot Turn.

1 – 2 Tap left next to right. Step left to left side.	
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- Turn 1/8th left & tap right next to left. Turn 1/8th left & step right to right side (12) 3 - 4
- 5 6Tap left next to right. Step left to left side.
- 7 8Turn 1/8th left & tap right next to left. Turn 1/8th left & step right to right side (9).
- 9 10Tap left next to right. Step left to left side.
- 11 12Turn 1/8th left & tap right next to left. Turn 1/8th left & step right to right side (6).
- 13 14Tap left next to right. Step left to left side.
- 15 16Turn 1/8th left & tap right next to left. Turn 1/8th left & step right to right side (3).

Styling note: On 'taps' turn foot slightly inward – on all, use hips

TAG B: After Wall 10 (facing 6:00 Wall)

Perform the first 12 counts of Tag A .. (3/4 turn to end facing 9:00)

DANCE FINISH: On 13th Wall count 13 facing 3:00 Replace count 13 with:

13 Pivot ¼ left – with hand on hips and hold pose.