

# Life Rolls On

**COPPER KNOB**  
STEPPERS

拍数: 32      墙数: 4      级数: Lower Intermediate  
编舞者: Lois Lightfoot (UK) - March 2011  
音乐: Life Rolls On - Little Big Town



16 count intro, tag on the 1st, 3rd & 5th wall.

## Sec 1: Right Cross rock, Right Side shuffle, syncopated weave right to the right.

- 1-2      Cross rock right foot over left, Recover weight onto left foot.
- 3&4      Step right foot to side, Close left foot to right, Step right foot to side.
- 5-6      Step left foot over right foot, Step right foot to right side.
- 7&8      Cross left foot behind right, Step right foot to side, Cross left foot in front.

## Sec 2: Right Side Rock, Right Shuffle side, Cross, Rock, Step, Left & Right.

- 9-10      Rock right out to side, Recover weight onto left foot (hitch right Knee slightly)
- 11&12      Step right foot to side, close left foot to right, Step right foot to side.
- 13&14      Cross Rock left over right, Recover weight on right, Step left to left side.
- 15&16      Cross Rock right over left, Recover weight onto left, Step right to right side.

## Sec 3: Rock forward, Recover, Shuffle ½ turn, Touch Heel & Toe, Shuffle forward.

- 17-18      Rock forward onto left foot. Recover weight onto right foot,
- 19&20      Step left foot back making ½ turn left, Close right to left, step left forward.
- 21-22      Touch right heel forward, Touch right toe back.
- 23&24      Step right foot forward, close left foot to right foot, step right foot forward.

## Sec 4: Rock, Recover, Step Behind, side in front, Rock Recover, Rock ¼ turn, Recover.

- 25-26      Rock forward onto left foot, Recover weight onto right foot.
- 27&28      Step left behind right, step right foot to side, Cross left foot over right.
- 29-30      Rock forward onto Right foot, Recover weight onto left foot.
- 31-32      Make ¼ turn to right rocking right out to side, Recover weight onto left foot.

## Start Again

**Tag: The tag has 12 counts & comes at the end of the 1st 3rd & 5th walls to keep it in phase with the music. They are sort of like the verse & chorus of the song, which makes them easy to spot.**

**Tag: Cross, rock, step Right & Left, Rock, Shuffle Back, Slow coast, Brush.**

- 1 & 2      Cross right over left, Recover weight onto left, Step right to right side.
- 3 & 4      Cross left over right, Recover weight on right, Step left to left side.
- 5 – 6      Rock forward onto right foot, Recover weight onto left.
- 7 & 8      Step right foot back, Close left to right, Step right foot back.
  
- 1 – 2      Step left foot back, Step right next to left,
- 3 – 4      Step left foot forward, Brush right next to left.