# Zhuo Ma

拍数: 50



**墙数:**2

级数: Phrased Intermediate

编舞者: Zhao Shu Xin & Yang Zi Qing - November 2008 音乐: Zhuo Ma - Ya Dong



Intro - start on vocal

#### Part A

[1 – 8] Section 1: STEP, CHASSE LEFT, ROCK STEP; STEP, CROSS, PT R, PT FRONT	
1	Step RF forward
2&3	Chasse to L – LRL [hand movement – on ct 3, open up both arms like an eagle]
4 &	Rock RF across LF, recover [hand movement – swing R arm downward to L]
5	Step RF to R [Hand movement: raise R arm back]
6	Step LF across RF [Hand movement: swing L arm downwards to R]
7	Point RF to R [Hand movement: raise L arm back)
8	Point RF forward [hand movement: swing R arm in front]

# [9 – 16] Section 2: RF RONDE BACK, 1/2 PIVOT TURN L, FULL TURN R ON SPOT

- 1 Ronde RF to back, body angling R [ Hand movement swing both arms to R] (6:00)
- 2 Ronde RF to L, while doing a <sup>1</sup>/<sub>2</sub> turn to L, point R toes forward

# [Hand movement: swing both hands to L while turning to L]

3&4& Turn 1/4 R step R forward, turn 1/4 R, step LF forward; repeat above (6:00)

#### [Note: perform these 4 steps on toes; hand movement -hands by the sides]

#### Tag 1: ROCKING CHAIR

1&2& Rock RF to R, recover on LF, rock RF back, recover on LF

# Repeat A, A, A

# Part B

[1 - 8] (facing 12:00) Section 1: ROCK R & L, STEP R, CROSS STEP R HEEL TOUCH; ROCK L & R, STEP L, CROSS STEP L HEEL TOUCH

- 1 & 2 Rock R, L, step RF to R ,drag LF along
- [hand movement open arms up gradually like wings]
- 3 & 4 Cross LF in front of RF, step RF back, touch L heel forward
- [hand movement circle L arm in front of body to vertical, making R angle with R arm; look over to L diagonal]
- 5 & 6 Rock L,R, step LF to L, drag RF along [hand movement open arms up gradually like wings]
- 7 & 8 Cross RF in front of LF, step LF back, touch R heel forward

# [Hand movement - same like 3 & 4, reverse direction]

- [9-16] Section 2: R TOE TOUCH, HITCH, STEP RF FW ,L TOE TOUCH HITCH, STEP LF FW; PT RF FW,  $\frac{1}{2}$  TURN R SHUFFLE FW, FULL TURN L
- 1 & 2 Touch R toes forward, hitch left knee slightly, step RF down

# [Hand movement - place clenched fists in front of abdomen, like holding the rein of a horse]

- 3 & 4 Touch L toes forward, hitch right knee slightly, step LF down
- &5 Point RF forward, 1/2 turn right
- & 6 & R shuffle forward RLR (6:00)
- &7,8 Step LF forward, step RF next to LF, ronde LF anticlockwise while. \*full turn L, step LF down (6:00)
- (\* Replace with 1 1/2 turn L or simplified ½ turn L for the last repetition, followed by Tag 1)

# [17 – 24] Section 3: STEP FW & SIDE POINT 2x, POINT R FW, BK, FULL TURN L

1 – 2 Step RF forward, point LF to L



#### [Hand movement - L arm stretched to side, R arm raised up vertically to make Rt angle with R arm] 3 – 4 Step LF forward, point RF to R [Hand movement – reverse direction of above] 5 – 6 Touch RF forward, touch RF backward[ Hand movement – swing both arms to L, then to R] 7& 8 Spiral full turn L, touch RF forward (6:00) [25 – 32] Section 4: WALK BW 3X AND KICK LF FW, WALK BW 3X AND KICK RF FW; STEP R FW, PT L FW 1&2& Walk back with small steps - RLR - kick LF forward [Body movement- slowly lower raised arms with palms facing fw, move shoulder fw & bw slightly synchronizing with the walks] Walk back with small steps - LRL - kick RF forward [Body movement - continue the above] 3&4& 5 – 6 Step RF forward, point LF forward 7 – 8 Ronde LF to back, full turn L, step RF forward 9 – 10 Point LF to L, step LF in front of RF[Hand movement: same like Part B section 3 ct 1-4] Repeat B, A, A, B, B, B'(1 - 16 with 1 1/2 turn on last ct 7 & 8 ), TAG , A, A, A end Ending

 1
 Step RF forward

 2 & 3
 Chasse to L – LRL

 4 &
 Rock RF across LF, recover

 5 - 6
 Step RF to R, cross LF over RF

 7 - 8
 Make 1/2 turn R, pivoting on LF, step RF backward slightly, point LF forward, bow.