拍数： 50
壇数： 2
级数：Phrased Intermediate
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音乐：Zhuo Ma－Ya Dong

Sequence：A，Tag，A，A，A，B，B，A，A，B，B，B＇，Tag ，A，A，A ENDING<br>Intro－start on vocal<br>Part A<br>［1－8］Section 1：STEP，CHASSE LEFT，ROCK STEP；STEP，CROSS，PT R，PT FRONT<br>1 Step RF forward<br>2 \＆ 3 Chasse to $L$－LRL［hand movement－on ct 3，open up both arms like an eagle］<br>4 \＆Rock RF across LF，recover［hand movement－swing $R$ arm downward to L］<br>5 Step RF to R［Hand movement：raise R arm back］<br>6 Step LF across RF［Hand movement：swing L arm downwards to R］<br>$7 \quad$ Point RF to R［Hand movement：raise $L$ arm back）<br>8 Point RF forward［hand movement：swing R arm in front］

［9－16］Section 2：RF RONDE BACK， $1 / 2$ PIVOT TURN L，FULL TURN R ON SPOT
1 Ronde RF to back，body angling R［ Hand movement－swing both arms to R］（6：00）
2 Ronde RF to $L$ ，while doing a $1 / 2$ turn to $L$ ，point $R$ toes forward
［Hand movement：swing both hands to $L$ while turning to $L$ ］
3\＆4\＆Turn 1／4 R step R forward，turn 1／4 R，step LF forward；repeat above（6：00）
［Note：perform these 4 steps on toes；hand movement－hands by the sides］
Tag 1：ROCKING CHAIR
1\＆2\＆Rock RF to R，recover on LF，rock RF back，recover on LF
Repeat A，A，A
Part B
［1－8］（facing 12：00）Section 1：ROCK R \＆L，STEP R，CROSS STEP R HEEL TOUCH；ROCK L \＆R，STEP L，CROSS STEP L HEEL TOUCH
1 \＆ $2 \quad$ Rock R，L，step RF to R ，drag LF along
［hand movement－open arms up gradually like wings］
3 \＆ $4 \quad$ Cross LF in front of RF，step RF back，touch $L$ heel forward
［hand movement－circle $L$ arm in front of body to vertical，making $R$ angle with $R$ arm；look over to $L$ diagonal］ 5 \＆ $6 \quad$ Rock L，R，step LF to L ，drag RF along［hand movement－open arms up gradually like wings］ 7 \＆ $8 \quad$ Cross RF in front of LF，step LF back，touch $R$ heel forward
［Hand movement－same like $3 \& 4$ ，reverse direction］
［9－16］Section 2：R TOE TOUCH，HITCH，STEP RF FW ，L TOE TOUCH HITCH，STEP LF FW；PT RF FW，½ TURN R SHUFFLE FW，FULL TURN L
1 \＆ $2 \quad$ Touch R toes forward，hitch left knee slightly，step RF down
［Hand movement－place clenched fists in front of abdomen，like holding the rein of a horse］
3 \＆ $4 \quad$ Touch $L$ toes forward，hitch right knee slightly，step LF down
\＆5
\＆ 6 \＆
\＆7，8 Step LF forward，step RF next to LF，ronde LF anticlockwise while．＊full turn L，step LF down （6：00）
（＊Replace with $11 / 2$ turn $L$ or simplified $1 / 2$ turn $L$ for the last repetition，followed by Tag 1）
［17－24］Section 3：STEP FW \＆SIDE POINT 2x，POINT R FW，BK，FULL TURN L
1－2 Step RF forward，point LF to $L$
[Hand movement - Larm stretched to side, $R$ arm raised up vertically to make $R t$ angle with $R$ arm]
3-4 Step LF forward, point RF to R [Hand movement - reverse direction of above]
5-6 Touch RF forward, touch RF backward[ Hand movement - swing both arms to L, then to R] 7\& $8 \quad$ Spiral full turn L, touch RF forward (6:00)
[25-32] Section 4: WALK BW 3X AND KICK LF FW, WALK BW 3X AND KICK RF FW; STEP R FW, PT L FW
1\&2\& Walk back with small steps - RLR - kick LF forward
[Body movement- slowly lower raised arms with palms facing fw, move shoulder fw \& bw slightly synchronizing with the walks]
3\&4\& Walk back with small steps - LRL - kick RF forward [Body movement - continue the above]
5-6 Step RF forward, point LF forward
7-8 Ronde LF to back, full turn $L$, step RF forward
9-10 Point LF to L, step LF in front of RF[Hand movement: same like Part B section 3 ct 1-4]
Repeat $B, A, A, B, B, B^{\prime}(1-16$ with $11 / 2$ turn on last ct 7 \& 8 ),TAG , $A, A, A$ end

## Ending

1 Step RF forward
2 \& $3 \quad$ Chasse to L-LRL
4 \& Rock RF across LF, recover
5-6 Step RF to R, cross LF over RF
7-8 Make 1/2 turn R, pivoting on LF, step RF backward slightly, point LF forward, bow.

