Stuck Like Glue

拍数: 32

级数: Improver

编舞者: Craig Bennett (UK) - March 2011

音乐: Stuck Like Glue - Sugarland : (Album: The Incredible Machine)

[1-8] Touches, Kick, Side Behind Cross, Side Together forward, Rock & 1/2 Turn

- 1&2 Touch right to right, touch right next to left, touch right to side
- 3&4& Kick right diagonally to right, step right behind left, step left to left, cross right over left
- 5&6 Left to left side, right next to left, step left forward
- 7&8 Rock forward on right, recover weight onto right, make 1/2 turn right onto right foot

[9-16] Touches, Side Behind Cross, Side Together forward, Rock & 1/2 Turn

- 1&2 Touch left to left, touch left next to right, touch left to left side
- 3&4& Kick left diagonally to left, step left behind right, step right to right, cross left over right
- 5&6 Right to right side, left next to right, step right forward
- 7&8 Rock forward on left, recover weight onto right, make 1/2 turn left onto left foot

[17-24] Walk, Walk, Step 1/2 Turn Step, Walk, Walk, Step 1/4 Turn Cross

- 1,2 Walk forward right, left
- 3&4 Step forward on right, 1/2 turn left, step forward onto right
- 5,6 Walk forward left, right
- 7&8 Step forward left, 1/4 turn right, cross left over right

[25-32] Side Rock, Behind Side Cross, Left Hold, Right Hold, Bumps and Touch

- Rock out to the right, recover weight onto left, step right behind left, 1&2
- 3,4 Step left to side, Cross Right over left,
- 5&6& Step left to left side, hold, Step right to right side, hold
- 7&8& Bump hips left, right, left, touch right in place next to left

Begin Again





墙数:4