Zhang Sheng (Applause)



拍数: 32 编数: 2 级数: Easy Intermediate

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Intro: 0:26 seconds on the word 'zhan zai ze wu tai.....'

[1-9] FORWARD STEPS, STEP TURN STEP SWEEP, BEHIND SIDE CROSS, RECOVER STEP TURN

1, 2&3 Step L forward, run forward R, L, R

4&5 Step L forward, 1/2 turn right step onto R, 1/2 turn right step back on L sweeping R front to

back

(Easier option: Step L forward, recover weight to R, step L back sweeping R front to back)

6&7 Step R behind L, step L to side, cross/press R over L

8&1 Recover L, step ball of R beside L, 1/2 turn right step L to side [6:00]

[10-16] BACK RECOVER SIDE, WEAVE, SWEEP, FORWARD, POINT/LIFT

2&3 Step R behind L, step L across R, step R to side

&4&5 Step L behind R, step R to side, step L across R, tuck R toe close to left ankle as you pivot

1/4 left on your standing foot [3:00]

6&7 Step forward R, L, point R forward (gentle lifted off the floor)

8& Step back R, L

[17-24] BACK, SWAY FORWARD-BACK, BALL CROSS, SWAY R-L, TRIPLE TURN

1-3 Step back R, recover/sway back to L, sway/recover weight to R

4& Close L beside R, cross R over L

5-6 Sway L-R

7&8 1/4 turn left step L forward, 1/4 turn left close R beside L, 1/2 turn left step L to side

(Easier option: Step L to side, step R beside L, step L to side)

[25-32] BALL CROSS, QUICK STEPS BACK, COASTER, STEP TURN STEP, FULL TURN

&1 Step ball of R beside L, cross L over R [4:00]

2&3 1/4 turn left step back R, L, R [1:30]

4&5 (Square back to wall) Step L back, step R beside L, step L forward [12:00]

Step R forward, 1/2 turn left step onto L, step R forward 1/2 turn right step L back, 1/2 turn right step R forward

(Easier option for 8&: Step L forward, lock R behind L)

TAG: After Wall 4 (12:00)

1-4 Step L forward, sway R-L-R

Enjoy!