All You're Ever Gonna Be



编舞者: Carol Cotherman (USA) - April 2011 音乐: Mean - Taylor Swift : (CD: Speak Now)



Start dance after first 16 counts of lyrics

Scissor Step, Kickball Cross, Scissor Step, Kickball Cross		
1 & 2	Step right to side, step left beside right, cross right over left	
3 & 4	Kick left forward at slight left angle, step left ball in place, step right across left	
5 & 6	Step left to side, step right beside left, cross left over right	
7 & 8	Kick right forward at slight right angle, step right ball in place, step left across right	
	ck, Recover, 1/2 Turn, Scuff, Step, Scuff, Step, Scuff, Rock, Recover, 1/4 Turn 1/4 Turn right stepping forward on right, step left beside right, step forward on right (3:00)	
1/4 Shuffle, Roo 1 & 2 3 & 4	ck, Recover, 1/2 Turn, Scuff, Step, Scuff, Step, Scuff, Rock, Recover, 1/4 Turn 1/4 Turn right stepping forward on right, step left beside right, step forward on right (3:00) Rock forward on left, recover on right, 1/2 turn left stepping forward on left (9:00)	
1 & 2	1/4 Turn right stepping forward on right, step left beside right, step forward on right (3:00)	

Heel Rock, Recover, Rock Back, Recover, Step, 1/2 Turn, Step, Heel Rock, Recover, Rock Back, Recover, Step, 1/4 Turn, Scuff, Hitch

1 & Z &	Rock forward on left neel, recover on right, rock back on left, recover on right	
3 & 4	Step left forward, 1/2 turn right (weight to right), step (or stomp) left beside right	
(weight to left) (6:00)		
5 & 6 &	Rock forward on right heel, recover on left, rock back on right, recover on left	
7 & 8 &	Step right forward, 1/4 turn left (weight to left), scuff right, hitch right (weight remains on left) (3.00)	

Coaster Step, Shuffle Forward, Toe, Heel, Cross, Back, Back, Cross

1 & 2	Step right back, step left beside right, step right forward
3 & 4	Step left forward, step right beside left, step left forward
5 & 6	Touch right toe beside left with right knee bent and pointing slightly left, scuff right heel
	forward, cross right over left
7 & 8	Step left back, step right back beside left, cross left over right

REPEAT

Restarts:

On wall 4, dance 28 counts and restart facing 12:00. On wall 8, dance 14 counts and restart facing 6:00.

Ending: At the end of Wall 10, you will be facing 12:00.

After count 32, step right to side with hands on hips and strike a pose!