

# Extremely Perfect

COPPER KNOB  
BY STEPHENETS

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Olivia - April 2011  
音乐: F\*\*kin' Perfect - P!nk



Intro: 32 counts

## Catwalk Forward , English Cross $\frac{1}{4}$ , Anticlockwise Arc Step , Rock, Recover , Sailor Cross

1-2      Cross walk right foot over left foot , cross walk left foot over right foot  
&3      Turn  $\frac{1}{4}$  left small stepping right foot to right side , cross left foot over right foot  
&4&      Turn  $\frac{1}{4}$  left stepping right foot back , lock left foot over right foot , turn  $\frac{1}{4}$  left stepping right foot back  
5-6      Rock left foot to left side , recover weight on right foot  
7&8      Cross left foot behind right foot , step right foot to right side , cross left foot over right foot

## Botafogo , Side , Drag Ball Cross , Heel Jack

1&2      Rock right foot to right side , recover weight on left foot , cross right foot over left foot  
3&4      Rock left foot to left side , recover weight on right foot , cross left foot over right foot  
5-6      Long step right foot to right side , drag left foot towards right foot  
&7&8      Step left foot in place , cross right foot over left foot , step left foot to left side , dig right heel diagonally to right

## Ball Cross , Hold , Syncopated Crossing Shuffle , Syncopated Rock Step

&1-2      Step right foot in place , cross left foot over right foot , hold  
&3&4      Small step right foot to right side , cross left foot over right foot , small step right foot to right side , cross left foot over right foot  
5-6&      Rock right foot to right side , recover weight on left foot , step right foot beside left foot  
7-8      Rock left foot to left side , recover weight on right foot

## Sailor $\frac{1}{4}$ , Pivot $\frac{1}{2}$ , Kick , Lunge , Recover , Coaster Hitch

1&2      Turn  $\frac{1}{4}$  left crossing left foot behind right foot , step right foot to right side , step left foot to left side  
3-4      Step right foot forward , turn  $\frac{1}{2}$  left  
5&6      Kick right foot forward , press down right foot ( body slightly leans forward ) , recover weight on left foot ( return body to centre )  
7&8      Step right foot back , step left foot beside right foot , lift up right foot

## Tags:

### At the end of wall 2 , add

1-2&      Rock right foot to right side , recover weight on left foot , step right foot beside left foot  
3-4      Step left foot to left side , touch right toes beside left foot

### At the end of wall 6 , add

1-4      Hip bump right , left , right , left