

Own It

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Own This Club - Marvin Priest



Starts on Vocal.

Rock Step & Cross, 1/4, Rock Step, 1/2, 1/4.

- 1-2& Rock forward on Left, recover on Right, step Left next to Right.
- 3-4 Cross step Right over Left, make 1/4 turn to Left stepping forward on Left.
- 5-6 Rock forward on Right, recover on Left.
- 7-8 Make 1/2 turn to Right stepping forward on Right, 1/4 turn Right stepping Left to Left side.

Out Out, In, Together & Step, Cross 1/4, Back, 1/2, Step.

- &1&2 Step Right to Right side, step Left to Left side, step Right to centre, step Left next to Right.
- &3-4 Step Right to Right side, step Left next to Right, cross step Right over Left. (slight angle and push bum out)
- 5-6 Make 1/4 turn to Right stepping back on Left, step back on Right.
- 7-8 Make 1/2 turn to Right lifting toes & swivelling on both heels, step forward on Left.

Bump, Bump, Bump, Bump, Back, Coaster Step, Step.

- 1-4 Rock back onto Right bumping Right hip back, rock forward on Left bumping Left hip forward, Rock back onto Right bumping Right hip back, rock forward on Left bumping Left hip forward.
- 5 Step back on Right.
- 6&7 Step back on Left, step Right next to Left, step forward on Left.
- 8 Step forward on Right.

Step, 1/2 Pivot, Step, 1/2, 1/4, Cross & Cross, Side.

- 1-2 Step forward on Left, pivot 1/2 turn to Right.
- 3-5 Step forward on Left, make 1/2 turn to Left stepping back on Right, 1/4 turn Left stepping Left to Left side.
- 6&7 Cross step Right over Left, step Left to Left side, cross step Right over Left.
- 8 Step Left to Side. (Left knee bent, Right toe up)

Sailor Step, Sailor 1/4, Walk, Walk, 1/4 Cross & Cross.

- 1&2 Cross step Right behind Left, step Left to Left side, Step Right to Right side.
- 3&4 Make 1/4 turn to Left stepping Left behind Right, step Right next to Left, step forward on Left.
- 5-6 Walk forward Right-Left.
- 7&8 Make 1/4 turn to Right cross stepping Right over Left, step Left to Left side, cross step Right over Left.

1/2 Cross & Cross, Rock Step, Behind & Cross, 1/2 Cross.

- 1&2 Make 1/2 turn to Left cross stepping Left over Right, step Right to Right side, cross step Left over Right.
- 3-4 Rock Right to Right side, recover on Left.
- 5&6 Cross step Right behind Left, step Left to Left side, cross step Right over Left.
- 7-8 Make 1/2 turn to Left cross stepping Left over Right, Hold.

Jazz Box 1/2 Turn, Kick, Out Out, & Bounce, Step.

- 1-2 Cross step Right over Left, make 1/4 turn to Right stepping back on Left.
- 3-4 1/4 turn to Right stepping forward on Right, step Left next to Right.
- 5&6 Kick Right forward, step Right out to Right side, step Left out to Left side.
- &7 Lift both heels popping knees slightly forward, lower both heels.

8 Step Right to centre.

Jazz Box 1/4 Cross, Step, Lock Step, Lock Step, Step Making 3/4 Circular Turn.

1-2 Cross step Left over Right, make 1/4 turn Left stepping back on Right.

3-4 Step Left to Left side, cross step Right over Left.

5&6 Make 1/4 turn to Left stepping forward on Left, lock Right behind Left, 1/4 turn to Left stepping forward Left.

&7-8 Lock Right behind Left, make 1/4 turn to Left stepping forward on Left, step forward on Right.

(Counts 5-8 make a circular shape)

Tag: End of Wall 2 & Wall 4.

1-4 Rock forward on Left, recover on Right, rock back on Left, recover on Right.

Revised on site – 10th May 2011
