Country Girl Shake

拍数: 32

级数: Novice

编舞者: John Dembiec (USA) - April 2011

音乐: Country Girl (Shake It for Me) - Luke Bryan

32 count intro.

[1-8] SAILOR, ¼ WEAVE, SHUFFLE, ¼ ROCK REPLACE CROSS

- 1&2 Step R behind L, Step L next to R, Step R to R
- 3&4 Step L behind R, Making ¼ turn R step R forward, Step L forward
- 5&6 Shuffle forward R, L, R
- 7&8 Rock L forward, Making ¼ turn R Replace to L, Cross R over L

[9-16] HIP BUMP, ¼ TURN HIP BUMP (X2), HIP BUMP

- 1&2 Bump R hip to R, Bump to L, Bump to R
- 3&4 Making ¼ turn L Bump L to L, Bump to R, Bump to L
- 5&6 Making ¼ turn L Bump R to R, Bump to L, Bump to R
- 7&8 Bump L to L, Bump to R, Bump to L

[17-24] KICK-BALL-STEP, ¼ SHUFFLE, ROCK REPLACE, COASTER

- 1&2 Kick R forward, Step R down, Step L next to R
- 3&4 Making ¼ turn R Step R forward, Step L next to R, Step R forward
- 5-6 Rock L forward, Replace to R
- 7&8 Step L back, Step R next to L, Step L slightly forward

[25-32] ½ MONTERAY TURN CROSS, SHUFFLE, SAILOR

- 1-2 Point R to R, Make ¹/₂ turn R stepping R next to L
- 3-4 Point L to L, Cross L over R
- 5&6 Step R to R, Step L next to R, Step R to R
- 7&8 Step L behind R, Step R next to L, Step L to L

Repeat And Have Fun !!!!!

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墙数: 4

级数: