Fundamental Things



拍数: 64 墙数: 2 级数: Intermediate / Advanced WCS Rhythm

编舞者: Michele Burton (USA) - May 2011

音乐: Fundamental Things - Melinda Doolittle



&7,8

Intro: 32 cts.		
[1 – 8] WALK WALK ~ FRENCH CROSS ~ SAILOR STEP ~ SAILOR 1/4 RIGHT		
1 – 2	Step R forward; Step L forward	
&3-4	Turning ¼ left step R to right; Step L in front of R; Step R to R	
5 & 6	Step L behind R; Step R to right; Step L to left	
7 & 8	Step R behind L; Turning 1/4 right step L next to R; Step R in front of L [12:00]	
[9 - 16] SYNCOPATED VINE ~ SWIVEL POINT STEPS W/ 1/4 TURN LEFT		
1 – 2	Step L to left; Step R behind L	
&3-4	Step L to left; Step R in front of L; Step L to left	
5 – 6	Swivel point R to forward right diagonal; Step R beside L making ¼ turn left	
7 – 8	Swivel point L to forward left diagonal; Step L beside R centering body to 9:00[9:00]	
[17 – 24] COASTER FORWARD ~ BACK ~ BACK TURNING COASTER WALK, FORWARD ½ PIVOT		
1 & 2	Step R forward; Step L next to R; Step R slightly back	
3	Step L back	
4 &5,6	Step R back; Turning ¼ left step L next to R; Step R forward, Step L forward	
7 – 8	Step R forward; Pivot ½ left taking weight to L [12:00]	
[25 – 32] TRIPLE 1/ 2 TURN ~ BACK BACK ~ SCISSORS LEFT ~ QUICK WEAVE TURN 1/4		
1 & 2	Turning ¼ left step R beside L; Turning ¼ left step L beside R; Step R beside L [6:00]	
3 – 4	Step L back; Step R back	
5 & 6	Step L to left; Step R beside L; Cross L over right	
&7&8&	Step R to right; Step L behind R; Step R to right; Step L in front of R; Turn ¼ L, step slightly back on R [3:00]	
[33 – 40] DRAG BACK (2 CTS) ~ BACK SIDE CROSS ~ SWAY SWAY ~ & CROSS STEP		
1 – 2	Step L back, drag R toward L; Continue drag	
& 3-4	Step R back; Step L slightly back; Cross R in front of L	
5 – 6	Step L to left with hip sway left; Sway hips right	
&7,8	Step L slightly back; Cross R in front of L; Step L to left [3:00]	
[41 – 48] POINT, ¼ TURN STEP, WALK AROUND TURN ~ SWAY, SWAY ~ & CROSS STEP		
1 - 4	Point R to right; Turn ¼ right stepping R in place; Step L forward; Turn ¾ right taking wt. to R	
Styling: Look left as you point right. Bend L knee. The music says "back" –		
this movement gives the sense of looking back. (It's okay if you don't make the full 3/4 turn, as you can finish it on the next count)		
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5 – 6	Step L to left with hip sway left; Sway hips right	

[49 - 56] POINT, 1/4 TURN STEP ~ 1/4 TURN TRIPLE STEP ~ KICK BALL CROSS ~ SIDE BEHIND SIDE

Step L slightly back; Cross R in front of L; Step L to left [3:00]

1 – 2	Point R to right; Turn ¼ right stepping R in place;
3 & 4	Turn ¼ right stepping L to left; Step R near L; Step L in place angling body to right diagonal
5 & 6	Kick R foot to right diagonal; Step R ball back; Cross L over R [9:00]
7 – 8&	Step R to right; Step L behind R; Step R to right (small step)

[57 - 64] 34 CROSS UNWIND ~ SIDE BALL CHANGE ~ CROSS BACK ~ OUT OUT IN IN

1 – 3 Cross L over R, unwind 3/4 turn right for 2 counts ending with weight on L

& 4 Step R ball to right; Return weight to left

5 – 6 Step R over L; Step L back

&7&8 Step R to right; Step L to left; Step R to center; Step L to center [6:00]

BEGIN AGAIN

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