

I Am Beautiful

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Intermediate NC2S
编舞者: Ruben Luna (USA) - May 2011
音乐: Beautiful - Christina Aguilera : (Album: Stripped)



Intro: 32 counts, start dancing at lyrics "Every day is so wonderful..."

[1-8] Forward, Rock-Recover-Cross, Full Turn Left to Basic, ¼ Right, Back

- 1,2 Step forward R towards front left diagonal [11:00]; Rock side L
- & 3,4 Recover weight to R squaring up to [12:00]; Step L across R; Turn ¼ left [9:00] and step back R
- & 5,6 Turn ½ left [3:00] and step forward L; Turn ¼ left [12:00] and take large step side R; Step on ball of L behind R
- & 7,8 Step R across L; Turn ¼ right [3:00] and step back L; Step back R

[9-16] Lock-Back, 3/8 Left, Rock, Recover, Back-5/8 Left-Basic, ¼ Right-Basic

- & 1,2 "Lock" step L across R; Step back R; Turn 3/8 left [11:00] and step forward L
- 3,4 Rock forward on R; Recover weight back on L
- & 5,6 Step back R opening slightly to left; Turn 5/8 left [6:00] and take large step side L; Step on ball of R behind L
- & 7,8 Step L across R; Turn ¼ left [3:00] and take large step side R; Step on ball of L behind R

[17-24] ¼ Right, Rock, Recover, ¾ Left, Cross Rock-Recover-Side-Cross-Rock-Recover

- & 1,2 Step R across L; Turn ¼ right [6:00] and step back L; Rock back R
- 3 - 4 Recover weight forward on L, (**); Turn ½ left [12:00] and step back R
- & 5,6 Turn ¼ Left [9:00] and step side L; Rock on R across L; Recover weight on L
- & 7,8 Step side R; Rock on L across R; Recover weight on R

() RESTART / TAG: is during 3rd wall at count 20, changing count 4 (from above section) to: 4& -**

- 4 Step forward R;
- & Turn 5/8 left [12:00] and recover weight forward on L –

Now go to the beginning of the dance and start over from count 1.

[25-32] Side-¼ Left Basic, Full Turn, Diagonal Rock, Recover, Back-½ Left, Pivot ½ Left

- & 1,2 Step side L; Turn ¼ left [6:00] and take large step side R; Step on ball of L behind R
- & 3,4 Step R across L; Turn ¼ right [9:00] and step back L; Turn ½ right [3:00] and step forward R
- & 5,6 Turn ¼ right [6:00] and step side L; Turn toward front left diagonal [5:00] and rock forward on R; Recover weight back on L [still facing 5:00]
- & 7,8 Step back R [5:00]; Turn ½ left [11:00] and step forward L; Step forward R [11:00]
- & Turn ½ left [5:00] and recover weight forward on L

Keep it smooth and enjoy!!

Restart (): on wall 3 at count 20**

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Step Description: Provided by Debi Pancoast, - www.FootNotesByDeb.com, - info@footnotesbydeb.com