拍数： 64
壇数： 4
级数：Intermediate
编舞者：Val Parry（UK）－May 2011
音乐：High Road－Alexis Jordan ：（Single）

INTRO： 16 counts．

## Section 1 －Jazz Box turn $1 / 4$ Back rock $1 / 2$

| $1-2$ | Cross Right over Left，Step back on Left |
| :--- | :--- |
| $3-4$ | Step Right to right side，Cross Left in front of Right |
| $5-6$ | Turn $1 / 4$ left and step back on Right，Rock back on Left |
| $7-8$ | Recover weight forward on Right，Turn $1 / 2$ right and step back on Left 3 |

## Section 2 －Back Rock，Shuffle Forward，Forward Rock Behind turn step

1－2 Rock Back on Right，Recover weight forward onto Left
3 \＆ 4 Shuffle Forward stepping forward on Right，Step Left next to Right，Step forward on Right
5－6 Forward on Left，Recover weight back onto Right
$7 \& 8 \quad$ Cross Left behind Right，Turn $1 / 4$ right stepping Right forward，Step forward on Left 6

## Section 3 －Out Out In In ，Hip Roll

1－2 Stomp forward stepping Right out to right side \＆Left out to left side
3 \＆ 4 Stomp back stepping Right back to centre \＆Stepping Left next to Right
5－8 Touching Right toe slightly forward circle hips anticlockwise full circle twice 6
Section 4－1／4 pivot x2，Jazz Box
1－2 Step forward on Right，turn $1 / 4 / 4$ left taking weight on Left foot
3－4 Step forward on Right，turn $1 / 4$ left taking weight on Left foot
5－6 Cross right foot over left，Step Left foot back
7－8 Step Right foot to right，step Left foot slightly left 12
Section 5 －Cross Rock，Shuffle $1 / 4$ ，Forward Rock，Shuffle $1 / 2$
1－2 Rock Right over Left，Recover weight on Left
3 \＆ 4 Step Right to right side，Step Left next to Right，Turn $1 / 4$ right stepping forward on Right
5－6 Rock forward on Left，Recover weight on Right
7 \＆ $8 \quad$ Turn $1 / 4$ left and step Left to left side，Step Right next to Left，Turn $1 / 4$ left stepping forward on Left 9

## Section 6－1／8 paddle x 2，Cross Hold \＆Cross Side

| $1-2$ | Touch Right toe forward，push $1 / 8$ left，keeping weight on Left |
| :--- | :--- |
| $3-4$ | Touch Right toe forward，push $1 / 8$ left，keeping weight on Left |
| $5-6$ | Cross Right over Left，HOLD |
| $\& 7-8$ | Step Left slightly left，Cross Right over Left，Step Left to left side 6 |
| $* * * ~ R E S T A R T S ~ H E R E ~ O N ~ W A L L ~$ |  |
| 2 | （facing 9 o＇clock）and WALL 4 （facing 6 o＇clock） |

Section 7 －Weave $1 / 4$ Mambo forward，Step back，Hold and Back and Back
1－2 Cross Right behind Left，Turn $1 / 4$ left stepping forward on Left
3 \＆ $4 \quad$ Forward on Right，Recover weight back onto Left，Step back on Right
5－7 Step back on Left．HOLD with clap
\＆7 \＆8 Step Right next to Left，Step back on Left．Step Right next to Left，Step back on Left 3
Section 8 －Back Rock，Shuffle forward，Forward rock，Coaster Step
1－2 Rock back on Right，Recover weight forward on Left
3 \＆ 4 Shuffle forward stepping Right forward，Step next to Right，Step Right forward

5-6 Rock forward on Left, Recover weight back on Right
7 \& 8 Step back on Left, Step Right next to Left, Step forward on Left 3
*** Restarts on Walls 2 \& 4 at end of Section 6
Ending ... Dance finishes on Count 8 of section 4 Change counts 5-8 of section 4 to a quarter Jazz box
5-6 Cross right foot over left, Step Left foot back
7-8 Turning $1 / 4$ right, step Right foot to right, step Left foot next to Right 12
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