

Itaewon Freedom

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Seong-Yun & Yeong Nam - April 2011
音乐: Itaewon Freedom - UV



Intro: 16 counts

Side Toe Switches x 4, Step Together X 2

- 1&2& Touch R toe to R and R arm spread L diagonally, step R beside L, touch L toe to L, step L beside R and L arm spread R diagonally
- 3&4 Touch R toe to R and R arm up, step R beside L, touch L toe to L and L arm up
- 5&6 Hold and both hands together fwd, step L to L, step R next to L and both hands spread out (body L diagonally)
- 7&8 Hold and both hands together fwd, step L to L, step R next to L and both hands spread out (body L diagonally)

Bump Hips, Sway Body

- 1&2&3&4 Bump hips R, L, R, L, R, L, R, L, both arms spread out and up
- 5-8 Sway body R, L, R, L, Keeping on both hands spread and around the mouth

Charleston Step X 2

- 1-2 Step R fwd, touch L toe fwd, both arms bend over chest and like clapping arms fwd
- 3-4 Step L back, touch R toe back, both hands like clapping back body
- 5-6 Step R fwd, touch L toe fwd, both arms bend over chest and like clapping arms fwd
- 7-8 Step L back, touch R toe back, both hands like clapping back body

Side rock, chasse, X 2

- 1-2 Rock R to R, recover on L
- 3&4 Step R to R, step L next to L, step R to R
- 5-6 Rock L to L, recover on R
- 7&8 Step L to L, step L next to L, step R to R

TAG: Here on wall 5, then restart the dance

Step, Touch , X 4

- 1-2 Step R to R, Touch L toe diagonally L, pointing index of R hand up diagonally L
- 3-4 Step L to L, Touch R toe diagonally R, pointing index of L hand up diagonally R
- 5-6 step R to R, Touch L toe diagonally L, pointing index of R hand down diagonally L
- 7-8 step L to L, Touch R toe diagonally R, pointing index of L hand down diagonally R

Step Fwd, Point, Together, Point, Step, Together

- 1-2 Step fwd R, point L to L, raising R arms up diagonally
- 3-4 Step L beside R, Point R to R, raising L arms up diagonally
- 5 Step R to R, Raising R arms up diagonally
- 6&7 Arms up & down, L, R, L
- 8 Step R beside L, L arms down

Syncopated Kick Boll Change, Toes Pan

- 1&2& Kick fwd R, step the boll of R, pan both toes out, pan both toes back
- 3-4 R arms spread out, looking out to R
- 5-6 Look out to L, R
- 7&8& Both hands circle up and down shoulder

Heel Switches X 4, Heel Switches Turn L 1/8, X 2, 1/4, 1/4

- 1&2& Touch fwd R heel, step together R beside L, touch fwd L heel, step together L beside R
3&4& Touch fwd R heel, step together R beside L, touch fwd L heel, step together L beside R
5& 1/8 turn L, Touch fwd R heel, step together R beside L
6& 1/8 turn L, Touch fwd L heel, step together L beside R
7& 1/4 turn L, Touch fwd R heel, step together R beside L
8& 1/4 turn L, Touch fwd L heel, step together L beside R

styling L hand on L waist, shaking R hand around R waist

Repeat

Tag : 24 counts – after 32 counts during wall 5

Step Together, X 2, Step Together, X 2

- 1&2 Hold and both hands together fwd, step L to L, step R next to L and both hands spread out (body L diagonally)
3&4 Repeat 1&2
5&6 Hold and both hands together fwd, step R to R, step R next to L and both hands spread out (body L diagonally)
7&8 Repeat 5&6

Step Fwd, Point, Step, Point, Hook, Touch, Heel Pan X 4

- 1-2 Step fwd R, point L to L, circling R arm and pointing index of R hand diagonally R
3-4 Step L beside R, Point R to R, circling L arm and pointing index of L hand diagonally L
&5 Hook R across L snapping with L hand , touch R fwd
6&7&8 R heel pans, circling L hand clockwise around the head

Step Back, Point, Step Back, Point, Hook, Touch, Heel Pan X 4

- 1-2 Step back R, point L to L, circling R arm and pointing index of R hand diagonally R
3-4 Step L beside R, Point R to R, circling L arm and pointing index of L hand diagonally L
&5 Hook R across L snapping with L hand , touch R fwd
6&7&8 R heel pans, circling L hand clockwise around the head

Restart dance from the beginning (Now wall 6)
