Little Notorious

拍数: 32

级数: Improver

编舞者: Val Parry (UK) - June 2011

音乐: Notorious - The Saturdays : (CD Single)

INTRO: 64 (31 secs) Starts on the word BACK

Sec 1: Walk RL, Forward Mambo, Touch Back, Turn ½ Step Pivot half keeping weight back

- 1 2 Walk forward Right, Left
- 3&4 Rock forward on Right, Recover on Left, Step back on Right
- Touch Left toe Back, Turn 1/2 left, taking weight onto Left foot 5 - 6
- 7 8 Step forward on Right, Pivot half turn left keeping weight back on Right [WOR 12

Sec 2: Back, Hold, Syncopated weave, Side Hold and Cross, Side

- 1 2 Step back on Left, Hold
- 3&4 Right behind Left, Step Left to left side, Cross Right in front of Left
- 5 6 Step Left to left side, Hold
- &7 8 Step Right next to Left (&), Cross Left over Right, Step Right to right side [WOR 12

Sec 3: Behind, Turn ¼ Ball step, ½ Pivot, Ball step, Forward Rock

- 1 2 Cross Left behind Right, Turn 1/4 right stepping forward on Right
- &3 Step on Left next to Right (&), Step forward on Right
- 4 5 Step forward on Left, Turn 1/2 turn to right, stepping forward on to Right foot
- &6 Step on Left next to Right (&), Step forward on Right
- 7 8 Rock forward on Left, Recover weight back onto Right [WOR 9

Sec 4: Syncopated forward rock, Shuffle back RLR, toe struts back Left then Right

- &1 2 Step on Left next to Right (&), Rock forward on Right, Recover weight back onto Left
- 3 & 4 Step back on Right, Step Left next to Right, Step back on Right
- 5 6 Touch Left toe back, step down on Left foot
- 7 8& Touch Right toe back, Step down on Right foot, Step Left next to Right (&) [WOL 9

ENJOY.....

This compliments the Intermediate dance called Notorious, which is 64 Counts The first 32 Counts of Notorious have been taken for this dance with just a weight change to start the next Wall

MUSIC LINK: http://www.tunetribe.com/product/the-saturdays-notorious?id=5214541&aid=19

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墙数:4