

Notorious

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Val Parry (UK) - June 2011
音乐: Notorious - The Saturdays : (CD Single)



INTRO: 64 (31 secs) Starts on the word BACK

Sec 1: Walk RL, Forward Mambo, Touch Back, Turn ½ Step Pivot half keeping weight back

1 - 2 Walk forward Right, Left
3 & 4 Rock forward on Right, Recover on Left, Step back on Right
5 - 6 Touch Left toe Back, Turn ½ left, taking weight onto Left foot
7 - 8 Step forward on Right, Pivot half turn left keeping weight back on Right [WOR 12]

Sec 2: Back, Hold, Syncopated weave, Side Hold and Cross, Side

1 - 2 Step back on Left, Hold
3 & 4 Right behind Left, Step Left to left side, Cross Right in front of Left
5 - 6 Step Left to left side, Hold
&7 - 8 Step Right next to Left (&), Cross Left over Right, Step Right to right side [WOR 12]

Sec 3: Behind, Turn ¼ Ball step, ½ Pivot, Ball step, Forward Rock

1 - 2 Cross Left behind Right, Turn ¼ right stepping forward on Right
&3 Step on Left next to Right (&), Step forward on Right
4 - 5 Step forward on Left, Turn ½ turn to right, stepping forward on to Right foot
&6 Step on Left next to Right (&), Step forward on Right
7 - 8 Rock forward on Left, Recover weight back onto Right [WOR 9]

Sec 4: Syncopated forward rock, Shuffle back RLR, toe struts back Left then Right

&1 - 2 Step on Left next to Right (&), Rock forward on Right, Recover weight back onto Left
3 & 4 Step back on Right, Step Left next to Right, Step back on Right
5 - 6 Touch Left toe back, step down on Left foot
7 - 8 Touch Right toe back, Step down on Right foot [WOR 9]

Sec 5: Syncopated back rocks, Half Pivot x2

1 - 2 Rock back on Left, Recover weight forward onto Right
&3 - 4 Step Left next to Right (&), Rock back on Right, Recover weight forward onto Left
5 - 6 Step forward on Right, Pivot half left stepping forward onto Left
7 - 8 Step forward on Right, Pivot half left stepping forward onto Left [WOL 9]

Sec 6: Side, Hold, Ball cross, Side behind side, Cross rock

1 - 2 Step Right to right side, Hold
&3 - 4 Step Left next to Right (&), Cross Right over Left, Step Left to left side
5 - 6 Cross Right behind Left, Step Left to left side
7 - 8 Cross rock Right in front of Left, Recover weight onto Left foot [WOL 9]

Sec 7: Turn Quarter, Half, Back rock, Turn Half, Quarter, Cross rock

1 - 2 Turn a quarter right stepping forward onto Right, Turn a half right stepping back on Left
3 - 4 Rock back on Right, Recover weight forward onto Left
5 - 6 Turn a half left stepping back on right, Turn a quarter left stepping Left to left side
7 - 8 Cross rock Right in front of Left, Recover weight onto Left foot [WOL 9]

Sec 8: Side, Hold, Ball Side, Hold, Ball, Jazz Box

1 - 2& Step Right to right side, Hold, Step Left next to Right (&)

3 – 4& Step Right to right side, Hold, Step Left next to Right (&)
5 - 6 Cross Right over Left, Step back on Left
7 – 8 Step Right to right side, Step Left slightly forward [WOL 9]

ENDING.... Dance finishes at end of wall 5. You will be facing the 9 o'clock wall when you execute the jazz box in section 8. Change the jazz box to a QUARTER JAZZ BOX to finish on the front wall
ENJOY.....

Note... See also LITTLE NOTORIOUS for the Improver 32 count version

MUSIC LINK: <http://www.tunetribe.com/product/the-saturdays-notorious?id=5214541&aid=19>

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