

Fangbanger's Cha

COPPER KNOB
BY STEPHEN BRETZ

拍数: 48 墙数: 4 级数: High Intermediate Cha Cha
编舞者: Scott Blevins (USA) - May 2011
音乐: Beyond Here Lies Nothin' - Bob Dylan : (Album: "True Blood: Music From The HBO® Original Series Volume 2" OR Album: "Together Through Life")



48 count intro to start with the lyrics "Oh how I love ya, pretty baby...", where the word "baby" is count 1.

[1 – 9]

1,2,3 (1) Walk forward R; 2) Walk forward L; 3) Turn ¼ left stepping side R [9:00]
4,5 (4) Bend both knees slightly and "tuck" L knee next to R [knees toward 10:00]; 5) Turn ¼ left stepping forward L [6:00]
6,7 (6) Step forward R; 7) Pivot turn ½ left taking weight forward on L [12:00]
8&1 (8) Small step forward R; &) Step on ball of L behind R heel; 1) Small step forward R

[10-17]

2,3 (2) Turn ½ right on ball of R bringing L toe next to R foot [6:00]; 3) Step L forward
4&5 (4) Small low kick forward R; &) Step together on ball of R; 5) Touch ball of L across R
6,7 (6-7) "Unwind" full turn right keeping weight on R [6:00]
8&1 (8) Rock side L; &) Recover weight side on R; 1) Step L across R

[18-25]

2,3 (2) Rock side R pushing hips right; 3) Leave both feet in place and take weight on L as you turn ½ right on ball of L to create a "spiral" effect so R leg ends across L shin with R toe on floor [12:00]
4&5 (4) Small step side R; &) Step together L; 5) Small step side R
6&7 (6) Rock L across R; &) Recover weight back on R; 7) Step side L
8&1 (8) Rock R across L: &) Recover weight back on L; 1) Turn ¼ right stepping forward R [3:00]

[26-33]

2,3 (2) Step forward L; 3) Turn ½ right on ball of L and "sit" slightly bringing R foot across just below L knee [9:00]
4&5 (4) Step forward R; &) Turn ¼ left stepping L across R [6:00]; 5) Large step side R
6,7 (6) Turn ¼ right stepping forward L [9:00]; 7) Pivot turn ½ right taking weight forward on R [3:00]
8&1 (8) Small step forward L; &) Step on ball of R behind L heel; 1) Small step forward L

[34-41]

2&3 (2) Small step forward R; &) Step on ball of L behind R heel; 3) Small step forward R
4&5 (4) Rock forward L; &) Recover weight back on R; 5) Turn ¼ left stepping side L [12:00]
6,7 (6) Step R across L; 7) Turn ¼ right stepping back L [3:00]
8&1 (8) Turn ¼ right stepping side R [6:00]; &) Step together L; 1) Turn ¼ right stepping forward R [9:00]

[42-48]

2,3 (2) Step forward L; 3) Pivot turn ½ right taking weight forward on R [3:00]
4&5 (4) Step forward L; &) Turn ¼ left taking small step back R [12:00]; 5) Turn ¼ left with strong step side L [9:00]
6,7 (6) Hold; 7) Touch ball of R across and close to L
8 (8) "Unwind" full turn left keeping weight on L [9:00]

Begin Again and Enjoy!

Step Sheet Prepared by Debi Pancoast (www.FootNotesByDeb.com)

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