Shan Dan Dan Kai Hua (Red Song)

级数: Improver

编舞者: Janet (Zhen Zhen) Ge (CN) - June 2011

音乐: Shan Dan Dan Kai Hua Hong Yan Yan - Yin Shi

Dance Sequence: Tag, A, A(36), Tag, B, B, B, Tag(16), B, Tag, A, A(36), A, Tag Intro 4x8 count(15sec)

Part A (52 count)

[1-8] Side, Together, Side, Touch, Side, Together, Side, Touch

- 1,2,3,4 Step right to right, step left next to right, step right to right, touch left next to right.
- Step left to left, step right next to left, step left to left, touch right next to left. 5,6,7,8

[9-12] Side, Touch, Side Touch

拍数: 84

1,2,3,4 Step right to right, touch left next to right, step left to left, touch right next to left.

[13-20] Side, Together, Side, Touch, Side, Together, Side, Touch

Step right to right, step left next to right, step right to right, touch left next to right. 1,2,3,4

5,6,7,8 Step left to left, step right next to left, step left to left, touch right next to left.

[21-28] Fwd, Recover, Back Shuffle, Back, Recover, Fwd Shuffle

- 1,2,3&4 Step right forward, recover on left, step right back, step left next to right, step right back.
- 5,6,7&8 Step left back, recover on right, step left forward, step right next to left, step left forward.

[29-36] Fwd, Pivot 1/2 Turn Left, R Shuffle, Fwd, Pivot 1/2 Turn Right, L Shuffle

- 1,2,3&4 Step right forward, 1/2 turn left recover on left, step right forward, step left next to right, step right forward.
- 5,6,7&8 Step left forward, 1/2 turn right recover on right, step left forward, step right next to left, step left forward.

[37-44] Rocking Chair to diagonal L, Cross, Side, Sailor

- Step right forward to diagonal L. recover back on left, Step right back, recover forward on left. 1,2,3,4
- Cross right over left, step left to left, step right behind left, step left to left, step right to right. 5,6,7&8

[45-52] Rocking Chair to diagonal R, Cross, Side, Sailor

- 1,2,3,4 Step left forward to diagonal R. recover back on right, Step left back, recover forward on right.
- 5.6.7&8 Cross left over right, step right to right, step left behind right, step right to right, step left to left.

Part B (32 count)

[1-8] Fwd, Recover, Coaster, L Jazz Box

1,2,3&4 Step right forward. Recover on left, step right back, step left next to right, step right forward. 5678 Cross left over right, step back on right, step left on left, step right forward.

[9-16] Fwd, Recover, Coaster, R Jazz Box

- 123&4 Step left forward. Recover on right, step left back, step right next to left, step left forward .
- 5,6,7,8 Cross right over left, step back on left, step right on right, step left forward.

[17-24] Samba R, Samba L, Right Out, Out, In, In

- 1&2 Step right cross left, Step left to left, recover on right.
- 3&4 Step left cross right, Step right to right, recover on left.
- 5,6,7,8 Step right out to right, step left out to left, step right in to center, step left in to center

[25-32] Dip, Dip, 1/2 Turn Right Jump





墙数:2

- 1,2 Bend both knees in squat position, recover to standing position with L heel tapping diagonally L
- 3,4 Bend both knees in squat position, recover to standing position with R heel tapping diagonally R
- 5,6,7,8 1/2 Turn right jump R,L,R,L

Tag: (32count)

[1-8] Right Vine, Touch, Side, Touch, Side, Touch

- 1,2,3,4 Step right to right, cross left behind right, step right to right, touch left next to right.
- 5,6,7,8 Step left to left, touch right next to left, step right to right, touch left next to right.

[9-16] Left Vine, Touch, Side, Touch, Side, Touch

- 1,2,3,4 Step left to left, cross right behind left, step left to left, touch right next to left.
- 5,6,7,8 Step right to right, touch left next to right, step left to left, touch right next to left.

[17-24] Fwd, Together, Fwd, Touch, Back, Touch, Fwd, Touch

- 1,2,3,4 Step right forward, lock left behind right, step right forward, touch left behind right.
- 5,6,7,8 Step left back, touch right front left, step right forward, touch left behind right.

[25-32] Back, Cross, Back, Touch, Fwd, Touch, Back, Touch

- 1,2,3,4 Step left back, Cross right over left, step left back, touch right front left.
- 5,6,7,8 Step right forward, touch left behind right, step left back, touch right front left.

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