

A Beautiful World ('Relay for Life')

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 1 级数: Beginner
编舞者: William Sevone (UK) - June 2011
音乐: Beautiful Sunday - Daniel Boone : (many compilations)



Choreographers note:- Choreographed from an original suggestion from Yip Siew Fune in connection with 'RELAY FOR LIFE'. For many survivors, it still is a big and beautiful World. Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'. Dance starts with the vocals.

Walk Bwd:R-L. Back Touch. Walk Fwd:R-L. Fwd Touch. Bwd Step Lockstep.

- 1 – 2 Walk backward: Right-Left
- 3 Touch right backward.
- 4 – 5 Walk forward: Right-Left.
- 6 Touch right toe forward.
- 7 & 8 Step backward onto right, lock left across front of right, step backward onto right.

1/2 Fwd. 1/2 Spin. Chasse Right. Rock. Recover. Chasse Left

- 9 – 10 Turn 1/2 left & step forward onto left (6). On ball of left – turn ½ left (12).
- 11 & 12 Step right to right side, step left next to right, step right to right side.
- 13 – 14 Rock left behind right. Recover onto right.
- 15 & 16 Step left to left side, step right next to left, step left to left side.

(feet apart) Slow Wave: Left-Right-Left. Side. Touch.

- 17 – 18 raising both arms in air - Wave arms to the left. Hold – bumping hips to left
- 19 – 20 (arm still in air) Wave arms to right. Hold bumping hips to right.
- 21 – 22 Repeat Counts 17-18.
- 23 – 24 (lowering arms) Step right to right side. Touch left next to right.

2x Bwd-Touch & Clap. Walk Fwd:Left-Right. Coaster.

- 25 – 26 Step backward onto left. Touch right across front of left & clap hands.
- 27 – 28 Step backward onto right. Touch left across front of right & clap hands
- 29 – 30 Walk forward: Left-Right
- 31 & 32 Step forward onto left, step right next to left, step backward onto left.

DANCE FINISH: Wall 11 – dance through long fade-out to finish on count 32.

Latest Revision - 13th July 2011