Bonita



拍数: 32 墙数: 4 级数: Beginner

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音乐: Bonita - Angezz



Intro: 16 counts

STEP F	ORWARD, KICK, STEP BACK, TOUCH, GRAPEVINE L WITH TOUCH
1 2	LE stop forward, DE kick forward

1-2	LF step forward, RF kick forward
3-4	RF step together, LF touch next to right
5-6	LF step to left side, RF cross behind LF
7-8	LE sten to left side. RE touch next to left

STEP FORWARD, KICK, STEP BACK, TOUCH, GRAPEVINE R

1-2	RF step forward, LF kick forward
3-4	LF step together, RF touch next to left
5-6	RF step to right side, LF cross behind RF
7-8	RF step to right side, LF step together

OUT OUT, IN IN - 2 x

1-2	RF step out forward, LF step out to side (shoulder apart)
3-4	RF step back in, LF step together
5-6	RF step out forward, LF step out to side (shoulder apart)
7-8	RF step back in, LF step together

CHASSE WITH 1/4 TURN TO RIGHT, TOUCH, SWAY LI, RE, LI, RE

1-2	RF step to right side, LF step next to RF
3-4	RF turn ¼ right forward, LF touch next to right (3.00)
5-6	LF step side left sway hips left, recover RF sway hips right
7-8	recover LF sway hips left, recover RF sway hips right

Start again and have fun

Ending: complete 11 th Wall – facing 9:00 STEP, 1/4 TURN TO RIGHT, TOUCH

1-3 LF step fw , turn ¼ right, LF touch next to right and pose (12:00)