

Moscow

拍数: 64 墙数: 4 级数: Phrased Intermediate
编舞者: Joenan (AUS) - July 2011
音乐: Moskau - Dschinghis Khan



Count in: 64 counts

Sequence of dance: 64, Tag, 64, R14, 64, Tag, 64, 64, 16, Tag, 64

Section 1: Side, Stomp, Side, Stomp, Side, Together, Side, Stomp

- 1-4 Step R to side, stomp L beside R (no weight on L), step L to side, stomp R beside L (no weight on R) (raise arms and swing from side to side)
5-8 Step R to side, stomp L beside R (weight on L), step R to side, stomp L beside R (no weight on L) (raise arms and swing from side to side)

Section 2: Side, Stomp, Side, Stomp, Side Together, Side, Stomp

- 1-4 Step L to side, stomp R beside L (no weight on R), step R to side, stomp L beside R (no weight on L) (raise arms and swing from side to side)
5-8 Step L to side, stomp R beside L (weight on R), step L to side, stomp R beside L (no weight on R) (raise arms and swing from side to side)

Section 3: Jazz Box, Jazz Box

- 1-4 Cross rock R over L, recover on L, step R to side, step L beside R (hands on both sides of waist)
5-8 Cross rock R over L, recover on L, step R to side, step L beside R (hands on both sides of waist)

Section 4: Jazz Box ¼ Turn Right, Jazz Box

- 1-4 Cross rock R over L, recover on L turning ¼ turn right, step R to side, step L beside R (hands on both sides of waist)
5-8 Cross rock R over L, recover on L, step R to side, step L beside R (hands on both sides of waist)

Section 5: Heel Bounces, Heel Bounces

- 1-4 Step R slightly forward and bounce right heel 4 times (raise arms with fingers clenched)
5-8 Step L slightly forward and bounce left heel 4 times (arms down with fingers clenched behind waist)

Section 6: Walk Around ½ Turn Left, Jazz Box

- 1-4 Turning ½ turn left walk around on R. L. R, L (arms open wide shoulder level)
5-8 Cross rock R over L, recover on L, step R to side, step L beside R (hands on both sides of waist)

Section 7: Cross, Point, Cross, Point, Cross Point, Cross Point

- 1-4 Cross R over L (hands on both sides of waist), point L to left side (raise arms to shoulder level), cross L over R (hands on both sides of waist), point R to right side (raise arms to shoulder level)
5-8 Cross R behind L (hands on both sides of waist), point L to left side (raise arms to shoulder level), cross L behind R (hands on both sides of waist), point R to right side (raise arms to shoulder level)

Section 8: Rock, Recover ¼ Turn left, Step, Hold, Sway, Sway, Sway, Hold

- 1-4 Rock back on R, recover on L turning ¼ turn left, step R to side, hold
5-8 Sways (L, R, L), hold

Start Again

See Sequence:-

Tag – First 32 counts and add 4 bumps (R L R L)

Restart R14 – Dance first 14 counts then restart the dance (music only)

Restart R16 – Dance first 16 counts then restart the dance (music only)
