Today Is Your Day



编舞者: Alison Johnstone (AUS) - July 2011 音乐: Today Is Your Day - Shania Twain



Start: On Main Vocal "You got what it takes" - Anti Clockwise Rotation.

(1-8) Step Rock 1, 2& 3, 4& 5, 6& 7, 8&	k Recovers, Step, Pivot ½ Right, Step, Step ½ Rock ¼ (9.00) Step forward Right, Rock Left to side, Recover Right (&) Step forward Left, Rock Right to side, Recover Left (&) Step forward on Right, Step Left forward, ½ Pivot Turn over Right weight on Right (&) Step forward Left, ½ Turn over left stepping back on Right, ¼ Turn over Left rocking Left to side (&)
(9-16) Right Nightclub Step, ¼ Step Left, Full Turn over Left, Rock Recover, Behind Side Cross Side (6.00)	
1, 2&	Big step Right, Rock Left behind Right, Recover Right (&)
3, 4&	1/4 Turn over Left stepping forward on Left, 1/2 Turn over Left stepping back on Right, 1/2 Turn over Left stepping forward on Left (&) (6.00)
5, 6	Rock forward Right, Recover Left
7& 8&	Step Right Behind Left, Step Left to Side (&), Cross Right over Left, Step Left to Side (&)
(17-24) Right Nightclub Step, Left Nightclub Step, Walk Diagonal Right, Left, Right, Rock Recover (7.30)	
1, 2&	Big step Right, Rock Left behind Right, Recover Right (&)
3, 4&	Big step Left, Rock Right behind Left, Recover Left (&)

**Restart: On Wall 5 dance up to this point and restart the dance (12.00) (easily heard in music)

5, 6, 7 Walking to the Diagonal (7.30) Walk Right, Left. Right

8& Rock forward left, Recover Right (&)

(25-32) Walk Back Left, Right, Sweep Sailor to (3.00) 3/8ths, Sway Right Left, Behind, ¼ Turn, Rock ¼ Side, Recover Left (9.00)

1, 2 Walk Back on Left, Right still on the diagonal

3&4 Sweep Left and cross behind Right, 3/8th Turn over Left to straighten to 3.00 stepping Right

to side (&), Step Left to Side (Sailor Step)

5, 6 Sway to Right, Sway to Left

* Restart: On wall 4 dance up to this point and restart the dance (6.00) (easily heard in music)

7& 8& Cross Right behind Left, ¼ Turn over Left Stepping forward Left (&), ¼ Turn over Left rocking

Right to side, Recover Left (&)

***Ending: Wall 7 dance to walk forward on the diagonal (Right Left Right) count 23 facing, Cross Left over Right and slowly unwind to front...tada!!!

START AGAIN

Restarts: During Wall 4 (*) and Wall 5 (**).

Choreographed for my Singapore Workshops

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