

# Motherland

拍数: 32      墙数: 4      级数: Beginner / Improver  
编舞者: Karl-Harry Winson (UK) - July 2011  
音乐: The A Team - Ed Sheeran : (Album: The A Team)



**Intro: 32 Counts from beginning (Start on Vocals)....(BMP:180)**

**Heel & Toe switches. Walk forward X2. Step 1/4 turn cross.**

1&      Dig Right heel forward. Step Right beside Left.  
2&      Point Left to Left side. Step Left beside Right.  
3&      Point Right to Right side. Step Right beside Left.  
4&      Dig Left heel forward. Step Left beside Right.  
5 – 6      Walk forward on Right. Walk forward on Left.  
7&8      Step Right forward. Pivot 1/4 Left. Cross Right over Left (9.00)

**Grapevine Left. Cross rock-side. Cross rock 1/4 Left. Step 1/2 turn-step.**

1&2      Step Left to Left side. Cross Right behind Left. Step Left to Left side.  
3&4      Cross rock Right over Left. Recover weight on Left. Step Right to Right side.  
5&6      Cross rock Left over Right. Recover weight back on Right. Make 1/4 Left stepping Left forward (6.00).  
7&8      Step Right forward. Pivot 1/2 turn Left. Step Right forward (12.00).

**Modified Rumba box.**

1 – 2      Step Left to Left side. Close Right beside Left.  
3&4      Step Left to Left side. Close Right beside Left. Step Left forward.  
5 – 6      Step Right to Right side. Close Left beside Right  
7&8      Step Right to Right side. Close Left beside Right. Step back on Right.

**Walk back X2 (with sweeps). Left coaster Step. Cross rock-side. Cross rock 1/4 Left.**

1&      Walk back on Left. Sweep Right foot around from front to back.  
2&      Walk back on Right. Sweep Left foot around from front to back.  
3&4      Step back on left. Close Right beside Left. Step Left forward.  
5&6      Cross rock Right over Left. Recover weight onto Left. Step Right to Right side.  
7&8      Cross Rock Left over Right. Recover weight onto Right. Make 1/4 turn Left stepping Left forward(9.00).