Girls Know The Sexy

拍数: 32

Count in - 16 counts

1-3

4&5

5&6

7-8

级数: High Beginner

编舞者: Ingrind Kan (TW) - July 2011

音乐: Hypnotico - Jennifer Lopez

6	Turning ½ step R back (3 o'clock)
7&8	Step L back, step R together, step L forward
[9-16] Forward	Rock RF, Recover, Triple 3/4 Turn Right, Rock RF, Recover, LF Shuffle
1-2	Rock forward Right, recover weight on Left
3&4	Triple step 3/4 turn right stepping Right, Left, right [12:00]
5-6	Rock forward Left, recover weight on Right
7&8	LF Shuffle stepping, together, step (Left, Right, Left)
[17-24] Behind-Side-Cross, Side Rock Left, Recover, Step 1/4 Turn Right, LF Shuffle	
[17-24] Behind	-Side-Cross, Side Rock Left, Recover, Step 1/4 Turn Right, LF Shuffle
[17-24] Behind 1&2	-Side-Cross, Side Rock Left, Recover, Step 1/4 Turn Right, LF Shuffle Cross Right behind Left, step Left to left side, cross step Right over Left
1&2	Cross Right behind Left, step Left to left side, cross step Right over Left
1&2 3-4	Cross Right behind Left, step Left to left side, cross step Right over Left Rock Left out to right side, recover weight on Right
1&2 3-4 5-6 7&8	Cross Right behind Left, step Left to left side, cross step Right over Left Rock Left out to right side, recover weight on Right Left Step, make 1/4 turn right weight on Right
1&2 3-4 5-6 7&8	Cross Right behind Left, step Left to left side, cross step Right over Left Rock Left out to right side, recover weight on Right Left Step, make 1/4 turn right weight on Right Shuffle forward stepping Left, Right, Left [3:00]

Step L foot to L side, Step together with R, Step L foot to L side

Rock back with R foot, Recover weight forward to L foot

Have Fun & Enjoy it !





墙数:4

[1-8] R side, L cross rock & recover, ¼ L Shuffle, ½ L & R back, L coaster step (3:00)

Step R side, cross rock L over R, recover weight on R

Turning ¹/₄ left step L forward, step R together, step L (9:00)