

My Empty Heart

COPPER KNOB
BY STEPHEN T. C.

拍数: 40 墙数: 4 级数: Beginner
编舞者: Thomas C. Tam (CAN) - August 2011
音乐: Now That the Love's Gone - Juan Camus : (Album: Las Cosas Que Nunca Te Dije)



Intro: 16 counts

SIDE, TOGETHER, 1/4 LEFT TURN, HOLD; PIVOT 1/2 LEFT TURN, 1/4 LEFT TURN, HOLD

1-4 Step L to left, step R next to L, turn 1/4 left stepping L forward, hold (9:00)
5-8 Step R forward, turn 1/2 left with weight on L, 1/4 left stepping R to right, hold (12:00)

WEAVE TO RIGHT, HOLD; LUNGE TO RIGHT, HOLD, RECOVER, 1/2 LEFT TURN

1-4 Step L behind R, step R to right, cross L over R, hold
5-8 Lunge R to right, hold, recover on L, turn 1/2 left on ball of L stepping R next to L (6:00)

LUNGE TO LEFT, HOLD, RECOVER, 1/2 RIGHT TURN; WEAVE TO LEFT, HOLD

1-4 Lunge L to left, hold, recover on R, turn 1/2 right on ball of R stepping L next to R (12:00)
5-8 Step R behind L, step L to left, cross R over L, hold

LEFT SCISSOR STEP, HOLD; HALF RUMBA BOX, HOLD

1-4 Step L to left, step R next to L, cross L over R, hold
5-8 Step R to right, step L next to R, step R forward, hold,

PIVOT 1/4 TURN RIGHT, CROSS, HOLD; SIDE, SWAY, SWAY, HOLD

1-4 Step L forward, turn 1/4 right with weight on R, cross L over R, hold (3:00)
5-8 Step R to right and sway R, L, R, hold

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