

Hey Ladies

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jennifer Choo Sue Chin (MY) - August 2011
音乐: Hit 'Em up Style (Oops!) - Blu Cantrell



Start dance after 2x8's.

SET 1: FORWARD STEP, KICK BALL POINT HITCH CROSS, UNWIND, SAILOR TURN

- 1-2 Take a big step LF fwd and bend body back, Step RF next to LF
- 3&4& Kick LF fwd, Step LF next to RF, Point RF to R, Hitch RF
- 5-6 Cross RF over LF, Unwind ½ turn L (sharp) and sweep LF from front to back (6:00)
- 7&8 ¼ turn L stepping LF behind RF, Step RF to R, Step LF diagonally fwd L (3:00)

SET 2: CLOSE FLICK, CROSS, BACK, BACK, ROCKING CHAIR, CROSS ROCK RECOVER, CLOSE, FORWARD

- &1-2 Step RF next to LF, Step LF fwd and flick RF back with a ¼ turn L (Hit the word STYLE in chorus), Cross RF over LF (12:00)
- 3-4 Step LF diagonally back L, Step RF diagonally back R (push hips back) (Lyrics: put your hands on his cash)
- 5&6& Rock LF across RF, Recover on RF, Rock LF back to diagonal L, Recover on RF
- 7&8& Rock LF across RF, Recover on RF, Step LF next to RF, Step RF fwd

SET 3: ¼L BIG STEP LEFT, TOUCH, KICK BALL CROSS AND CROSS DIP, HITCH, BACK, BACK, ¼ SIDE ROCK

- 1-2 Execute a ¼ turn L with a big step to L pushing off RF, touch RF behind LF (9:00)
- 3&4 Kick RF diagonally R, Step ball of RF next to LF, Cross LF over RF
- &5 Step ball of RF to R, Cross LF over RF with a dip (bending L Knee)
- 6 Straighten L knee and hitch RF to R diagonal (10:30)

Styling for count 6: Pop both shoulders forward when you hitch or simply punch your fists forward

- 7& Step back on RF, Step back on LF squaring back to 12:00 (12:00)
- 8& ¼R turn rock RF to R, recover on LF (3:00)

SET 4: BACK, FUNKY WALKS BACK, BACK ROCK RECOVER, 2 PROGRESSIVE TURNING JAZZ BOXES

- 1 Step RF back
- 2 Step LF behind RF pushing L shoulder back and down
- 3 Step RF behind LF pushing R shoulder back and down

Options for counts 2-3: Mashed Potatoes

- 4& Rock LF back, Recover on RF
- 5& Do a 1/8R turn by step LF to R diagonal (face 4:30), Do a 1/8R turn by cross RF in front of LF (face 6:00)
- 6& 1/8R turn stepping LF to L back diagonal (face 7:30), Do a 1/8R turn by stepping RF to R side (face 9:00)
- 7& Do a 1/8R turn by step LF to R diagonal (face 10:30), Do a 1/8R turn by cross RF in front of LF (face 12:00)
- 8& 1/8R turn stepping LF to L back diagonal (face 1:30), Do a 1/8R turn by stepping RF to R side (face 3:00)

Styling: Push hips forward on count 5, Push hip to left on count &, Push hips back on count 6, Push hip to left on count &, Repeat the hip rolling motion for 7&8&. Think this as a "drunken jazz box"?

Repeat Again and Enjoy the Beats!

TAG (To be danced after 3rd wall facing (9:00))

- 1-4 Walk ¾L to face the front wall again, LF, RF, LF, RF

