

Fire Hot

拍数: 64 墙数: 2 级数: Phrased Improver
编舞者: Mayee Lee (MY) - August 2011
音乐: Lie Yan Hong Chun - Anita Mui



Sequence : Intro AAB Tag AAB Tag –B(last 16 counts) B AA B-(1st 16 counts) x6
Intro : INTRO 32 COUNTS, start the dance after 16 counts & follow with Intro dance 16 counts

Part A (32 counts)

Section 1 : Forward, Hold, Forward, Hold, Pivot ½ L, Sway R L

1,2,3,4 Step Rt forward(1), hold(2), step Lt forward(3), hold(4)
5,6,7,8 Step Rt forward(5), pivot ½ turn Lt step on Lt(6)(6.00), sway hip to Rt(7), sway hip to Lt(8)

Section 2 : Cross, Unwind ½ Turn L, Kick, Out, Out, Kick, Out, Out

1,2,3,4 Cross Rt over Lt(1), unwind ½ turn Lt (2 3 4) weight on Lt (12.00)
5&6,7&8 Kick Rt(5), Rt out(&), Lt out(6) x2 ,weight on Lt

Section 3 : Half Figure 8 Vine

1,2,3,4 Step Rt to Rt(1), step Lt behind Rt(2), ¼ turn Rt step Rt forward(3)(3.00), step Lt forward(4)
5,6,7,8 ¼ turn Rt step on Rt(5)(6.00), cross Lt over Rt(6), step Rt to Rt(7), recover on Lt & flick on Rt(8)

Section 4 : Diagonal, Together, Diagonal, Touch, Together, Together, Diagonal, Touch

1,2,3,4 Step Rt diagonally to Rt(1), step Lt beside Rt(2), step Rt to diagonally Rt(3), touch Lt beside Rt(4)
5,6,7,8 Step Lt to diagonally Lt(5), step Rt beside Lt(6), step Lt to diagonally Lt(7), touch Rt beside Lt(8)

Part B (32 counts)

Section 1 : Diagonal, Touch, Diagonal, Touch, Cross, Touch, Back, Touch

1,2,3,4 Step Rt to diagonally Rt(1), touch Lt beside(2), step Lt to diagonally Lt(3), touch Rt beside Lt(4)
5,6,7,8 Cross Rt over Lt(5), touch Lt to Lt(6), cross Lt behind Rt(7), touch Rt to Rt(8)

Section 2 : Side, Hold, Side, Hold, Sit & Bump Lt

1,2,3,4 Step Rt to Rt(1), hold(2), step Lt to Lt(3), hold(4)
5,6,7,8 Sit on Lt(5) & bump hips to Lt 4 times (6 7 8)

Section 3 : Toe Strut Back X2, Back, Back, Side, Recover

1,2,3,4 Touch Rt toe back(1), drop Rt heel(2), touch Lt toe back(3), drop Lt heel(4)
5,6,7,8 Step Rt back(5), step Lt back(6), sway Rt to Rt(7), recover on Lt(8)

Section 4 : Touch Behind, Unwind Full Turn R, Side Touch, Drag, Knee Pop

1,2,3,4 Touch Rt behind Lt(1), unwind full turn Rt(2 3), bent Rt knee & touch Lt to Lt, weight on Rt(4)
5,6,7,8 Drag Lt to Rt(5 6 7), transfer weight to Lt & pop Rt knee in(8)

INTRO / TAG (16 counts)

Section 1 : Forward, Forward, Step Lock Step, Forward, Pivot ½ Turn R, Step Lock Step

1,2,3&4 Step forward Rt(1) & Lt(2), step Rt forward(3), step Lt together with Rt(&), step Rt forward(4)
5,6,7&8 Step Lt forward(5), pivot ½ turn Rt step on Rt(6), step Lt forward(7), step Rt together with Lt(&), step Lt forward(8)(6.00)

Section 2 : Repeat Section 1

Note: Have fun with your own styling !!!!

For those who was interested with the hand styling & post, please refer to my walk through video.

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