# Calgary Stampede Stomp

级数: Beginner

编舞者: Unknown - July 2011

音乐: Wait A Minute - Sara Evans

Choreographers note: Dedicated to our good buddy Knox Rhine, world class choreographer! 32 count intro.

## Heel Splits x2

1-2-3-4 Heel: Apart, Together, Apart, Together 5-6-7-8 Heel: Apart, Together, Apart, Together

## Hip Bumps, Hip Swings

拍数: 40

- 1-2 Bump right hip to the right twice
- 3-4 Bump left hip to the left twice
- 5-6-7-8 Swing hips right, left, right, left

## Stomp x2, Hand Brush x2, Clap x2, Snap Fingers x2

- 1-2 Stomp right foot beside left foot twice
- 3-4 Brush/slap both hands (palms) back and across hips. Brush/slap both hands (palms) forward across hips
- 5-6 Clap hands twice at chest level
- 7-8 Snap fingers of right hand in the air at right shoulder level. Snap fingers of left hand in the air at left shoulder level.

## Stomp x2, Hand Brush x2, Clap x2, Arm Pump's x2

- 1-2 Stomp right foot beside left foot twice
- Brush/slap both hands (palms) back and across hips. Brush/slap both hands (palms) forward 3-4 across hips
- 5-6 Clap hands twice at chest level
- 7-8 Make a fist with both hands and pump arms in an up and down motion twice at chest level

#### Toe Fans (keep both feet slightly apart)

- 1-2-3-4 Fan right toe out in, out in
- 5-6-7-8 Fan left toe out in, out in

## **REPEAT & HAVE FUN**





**墙数:**1