Calgary Stampede Stomp

级数: Beginner

编舞者: Unknown - July 2011

音乐: Wait A Minute - Sara Evans

Choreographers note: Dedicated to our good buddy Knox Rhine, world class choreographer! 32 count intro.

Heel Splits x2

1-2-3-4 Heel: Apart, Together, Apart, Together 5-6-7-8 Heel: Apart, Together, Apart, Together

Hip Bumps, Hip Swings

拍数: 40

- 1-2 Bump right hip to the right twice
- 3-4 Bump left hip to the left twice
- 5-6-7-8 Swing hips right, left, right, left

Stomp x2, Hand Brush x2, Clap x2, Snap Fingers x2

- 1-2 Stomp right foot beside left foot twice
- 3-4 Brush/slap both hands (palms) back and across hips. Brush/slap both hands (palms) forward across hips
- 5-6 Clap hands twice at chest level
- 7-8 Snap fingers of right hand in the air at right shoulder level. Snap fingers of left hand in the air at left shoulder level.

Stomp x2, Hand Brush x2, Clap x2, Arm Pump's x2

- 1-2 Stomp right foot beside left foot twice
- Brush/slap both hands (palms) back and across hips. Brush/slap both hands (palms) forward 3-4 across hips
- 5-6 Clap hands twice at chest level
- 7-8 Make a fist with both hands and pump arms in an up and down motion twice at chest level

Toe Fans (keep both feet slightly apart)

- 1-2-3-4 Fan right toe out in, out in
- 5-6-7-8 Fan left toe out in, out in

REPEAT & HAVE FUN





墙数:1