1&2

3 - 4

5 - 6

7&8

1&2

3 - 4

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7&8

1 - 2

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5 - 6

7&8

1 - 2

7 - 8

1 - 2

3 - 4

5 – 8

1 - 2

3 - 4

5&6

7 - 8



拍数: 64 墙数: 2 级数: Easy Intermediate 编舞者: Robbie McGowan Hickie (UK) - August 2011 音乐: If I Was A Woman (feat. Blake Shelton) - Trace Adkins: (CD: Proud To Be Here, Deluxe Edition) CD available from www.cdwow.co.uk ... Also available as Download from www.legalsounds.com 16 count intro from Main Beat) Chasse Right. Rock Back. 2 x 1/4 Turns Right. Left Cross Shuffle. Step Right to Right side. Close Left beside Right. Step Right to Right side. Rock back on Left. Rock forward on Right. Make 1/4 turn Right stepping back on Left. Make 1/4 turn Right stepping Right to Right side. Cross step Left over Right. Step Right to Right side. Cross step Left over Right. (Facing 6 o'clock) Chasse Right. Rock Back. 2 x 1/4 Turns Right. Left Cross Shuffle. Step Right to Right side. Close Left beside Right. Step Right to Right side. Rock back on Left. Rock forward on Right. Make 1/4 turn Right stepping back on Left. Make 1/4 turn Right stepping Right to Right side. Cross step Left over Right. Step Right to Right side. Cross step Left over Right. (Facing 12 o'clock) 1/4 Turn Left. Step Back. Right Coaster Step. 2 x Walks Forward Left/Right. Left Shuffle Forward. Make 1/4 turn Left stepping back on Right. Step back on Left. Step back on Right. Step Left beside Right. Step forward on Right. Walk forward on Left. Walk forward on Right. Left shuffle forward stepping Left. Right. Left. (Facing 9 o'clock) Forward Rock, & Heel Jack, Hold, & Step, Paddle 1/4 Turn Left, Step, Paddle 1/4 Turn Left, Rock forward on Right. Rock back on Left. &3 - 4Step back on Right. Dig left heel forward. Hold. &5 - 6Step Left back to place. Step forward on Right. Paddle 1/4 turn Left. Step forward on Right. Paddle 1/4 turn Left. (Facing 3 o'clock) Cross. Point. Cross. Scuff. Right Jazz Box Cross. Cross step Right forward over Left. Point Left toe out to Left side. Cross step Left forward over Right. Scuff Right Diagonally forward Right. Sweep/Cross Right over Left. Step back on Left. Step Right to Right side. Cross step Left over Right. Side Rock. Back Rock. Right Kick-Ball-Cross. Side Stomp Right. Hold. Rock Right out to Right side - pushing hips Right. Recover weight on Left. (Facing 3 o'clock) Rock back on Right – pushing hips Back. Rock forward on Left. Kick Right Diagonally forward Right. Step ball of Right beside Left. Cross step Left over Right.

Left Sailor 1/4 Turn Left. 2 x Walks Forward Right/Left. Right Scuff-Ball-Step Forward. Forward Rock.

1&2 Sweep/Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Step forward on

Left.

3 - 4Walk forward on Right. Walk forward on Left.

Stomp Right out to Right side. Hold.

5&6 Scuff Right forward. Step ball of Right beside Left. Step forward on Left.

7 – 8 Rock forward on Right. Rock back on Left. (Facing 12 o'clock)

Right Shuffle 1/2 Turn Right. Step. Pivot 1/2 Turn Right. Left Shuffle Forward. Step. Pivot 1/2 Turn Left.

1&2 Right shuffle making 1/2 turn Right stepping Right. Left. Right. (Facing 6 o'clock)

3 – 4 Step forward on Left. Pivot 1/2 turn Right.

Left shuffle forward stepping Left. Right. Left. (Facing 12 o'clock)
Step forward on Right. Pivot 1/2 turn Left. (Facing 6 o'clock)

Start Again