Forever Yours

拍数: 32

级数: High Improver

编舞者: Karl-Harry Winson (UK) - August 2011

音乐: Forever - Lionel Richie : (Album: Just Go)

Intro: 16 Counts (Start on lead vocals).....Written at: 96 BPM

Nightclub basic X2. 1/4 turn Right. Step. 1/2 turn Left. Coaster Step.

- 1-2& Step Right to Right side. Rock Left behind Right. Cross Right slightly over Left.
- 3-4& Step Left to Left side. Rock Right behind Left. Cross Left slightly over Right.
- 5 7 Make 1/4 Right stepping Right forward 3.00 (5). Step Forward on Left (6). Make 1/2 Left stepping Right back (7) 9.00.
- 8&1 Step back on Left. Step Right beside Left. Step forward on Left 9.00.

Side rock-cross X2 (Travelling forward). Step Back. Side Step. Right Lock step.

- 2&3 Rock Right to Right side. Recover weight on Left. Step forward and cross Right over Left.
- 4&5 Rock Left to Left Side. Recover weight on Right. Step forward and cross Left over Right.
- 6 7 Step back on Right. Step Left to Left side.
- 8&1 Step Right forward. Lock Left behind Right. Step forward on Right 9.00.

Forward Rock. Sailor 1/2 turn-cross Left. Hip Sways X2. Right scissor step.

- 2 3 Rock forward on Left. Recover weight back on Right.
- 4&5 Cross Left behind Right. Step Right beside Left making 1/2 Left. Cross Left over Right 3.00.
- 6 7 Step Right to Right side: Sway Hips Right, Sway Hips Left
- 8&1 Step Right to Right side. Close Left beside Right. Cross Right over Left.

1/2 turn Right. Right scissor step. Triple 3/4 turn. Right cross Rock.

- 2&3 Make 1/4 Right stepping Left back 6.00. Make 1/4 Right stepping Right to Right side 9.00. Cross Left over Right.
- 4&5 Step Right to Right side. Close Left beside Right. Cross Right over Left.
- 6&7 Make 1/4 Right stepping Left back 12.00. Make 1/2 Right stepping Right forward 6.00. Step forward on Left.
- 8 & Cross rock Right over Left. Recover weight back on Left.

Start Again!

Tag: The following 8 Count tag occurs at the end of Wall 2 facing the 6.00 wall.

Nightclub basic Right. Full turn Left. Nightclub basic X2

- 1-2& Step Right to Right side. Rock Left behind Right. Cross Right slightly over Left.
- 3-4& Make 1/4 Left stepping Left forward 3.00. Step forward on Right. Pivot 3/4 turn Left 6.00.
- 5-6& Step Right to Right side. Rock Left behind Right. Cross Right slightly over Left.
- 7-8& Step Left to Left side. Rock Right behind Left. Cross Left slightly over Right.





墙数:2