

# High Heels

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Mishi Ziminski (USA) - August 2011  
音乐: High Heels - Courtney Darwin



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## Rock, Recover, Behind, Side, Cross, Rock, Recover, Behind, ¼ step

1,2      Rock R to R, Recover to L  
3&4      Step R behind L, Step L to L, Cross R over L  
5,6      Rock L to L, Recover to R  
7&8      Step L behind, R, Step R ¼ forward to R, Step L forward

## Step, Lock, Unwind ¾, Out, Out, Bump, Bump

1,2      Step R forward, Lock L behind  
3&4      Unwind ¾ turn over L shoulder (12:00), Step R out, Step L out

### \*\* (2nd Restart)

5,6      Bump R, L  
7&8      Bump R, L L

### \* (1st Restart)

## Back Rock, Recover, Forward Shuffle, Forward Rock, Recover, ½ Shuffle

1,2      Rock back on R, Recover forward onto L  
3&4      Shuffle forward R, L, R  
5,6      Rock forward onto L, Recover back onto R,  
7&8      ½ turn shuffle L, R, L over L shoulder (6:00)

## ¼ Rock and Cross, Rock and Cross, ¼ Turn, 4 Sexy Walks Making ¼ Turn Total

1&2      Rock R ¼ L (3:00), Recover onto L, Cross R over L  
&3&      Rock, L to L, Recover onto R, Cross L over R  
4&      Step forward on R, Make ¼ turn L stepping on L  
5,6,7,8      Walk R, L, R, L (making 1/16 turn on each step)

## End O' Dance

### Restarts:

\*1st - On 3rd wall, restart the dance after the bumps (you will be facing the back wall)

\*\*2nd - On wall 7, restart the dance after the unwind out out (you will be facing 9:00)

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