Bed of Roses

拍数: 32	墙数: 4	级数: Intermediate

编舞者: Katharina Handberg (DK) & Rene Madsen (DK) - September 2011

音乐: If I Die Young - The Band Perry

Intro: The dance starts quickly. She sings "If I die young". Start on the word "young". Please see notes below!!!

[1 – 8] Back, Back, ½ L, ¼ L, Behind, ¼ R, Fw, Sweep, Cross, 1/8 Back, ¼ Fw, Cross, ¼ Back

1	Step L back, (12.00)
2&3	Step R back, make ½ L stepping L fw, make ¼ L stepping R to R, (3.00)
4&5	Step L behind R, make ¼ R stepping R fw, step L fw while sweeping R around (6.00)
6&7	Cross R over L, step L diagonally back (7.30), step R to R making ¼ R (10.30)
8&	Cross L over R, make ¼ L step R back (7.30)

[9 – 16] ½ L, Fw, ½ R, Back, L Coasterstep, Full turn L, 1/8 L, Behind, ¼ R Fw

1	make ½ L stepping L fw (1.30)
2&3	Step R fw, make ½ R stepping L back, step R back (7.30)
4&5	Step L back, step R next to L, step L fw (7.30)
6&7	Make ½ L step R back, make ½ L step L fw, make 1/8 L step R to R (6.00)
8&	Step L behind R, make ¼ R step R fw (9.00)

[17 – 24] ½ R With Sweep, Roling Wine R, R Basic, L Basic, Back Rock, Recover

1	Make ½ R stepping L back while sweeping R to R (3.00)
2&3	Turn ¼ R step R fw, turn ½ R step L back, turn ¼ R step R to R (3.00)
4&5	Rock L behind R, cross R over L, step L to L (3.00)
6&7	Rock R behind L, cross L over R, step R to R (3.00)
8&	Rock L behind R, step R fw (3.00)

[25 – 32] ½ R Back, ½ Circle Run, Cross Rock, Side, Back Rock, Side, Touch

1	Make ½ R step L back (9.00)
2&3	Make ½ Circle to R while running R,L,R (3.00)
4&5	Cross rock L over R, recover R, step L to L (3.00)
6&7	Rock R behind L, recover L, step R to R (3.00)
8	Drag L next to R ending with a touch next to R (3.00)

Tag:

1-4	Step L to L while swaying L,R,L,R

*Notes: The dance moves in a clockwise motion.
The sequences are: 24+R, 32, 32, 32, 24+R, 24+Tag/R, 8+R, 32, 21+Ending

These notes may help you to figure out where to start the dance.
Wall 1: starts facing 12.00. Dance up to and including count 24. Instead of stepping L back on count 1, make ½ R step L back and continue as usual
Wall 2: starts facing 9.00. Dance all 32 counts
Wall 3: starts facing 12.00. Dance all 32 counts
Wall 4: starts facing 3.00. Dance all 32 counts
Wall 5: starts facing 6.00. Dance up to and including count 24. Instead of stepping L back on count 1, make ½ R step L back and continue as usual
Wall 6: starts facing 3.00. The music slows down on this wall, but keep on going! Dance up to and including count 24. Add the 4 count tag and restart the dance.
Wall 7: starts facing 6.00. Dance up to and including count 8& restart the dance
Wall 8: starts facing 12.00. Dance all 32 counts

Wall 9: Dance up to and including count 21, then cross R over L and make a slooooow ½ L to end the dance facing 12 o'clock

It is not as difficult as it looks like. Just listen to the music and go with the flow!!! :o)