

Russell's Rumba

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner rumba
编舞者: Russell Breslauer (USA) - August 2011
音乐: Solamente una Vez - Connie Francis
或: Any Rumba



BOX

- 1-2 Step Left to left side, step Right beside left
- 3-4 Step Left forward, hold
- 5-6 Step Right to right side, step Left beside right
- 7-8 Step Right back, hold

SIDE, ROCK BACK, REPLACE, HOLD, SIDE, ROCK BACK ¼ TURN LEFT, FORWARD, HOLD

- 1-2 Take wide step to left side with Left, Step Right back slightly behind left
- 3-4 Step Left in place (rock, replace), hold
- 5-6 Take wide step to right side with Right, Step Left back slightly behind right turning ¼ left (9:00 wall)
- 7-8 Step Right forward, hold

STEP, LOCK, STEP, HOLD, CROSS, RECOVER, TURN ¼ RIGHT, HOLD

- 1-2 Step Left forward, step Right beside or a little behind left
- 3-4 Step Left forward, hold
- 5-6 Step Right over in front of left side, step Left in place (cross, recover)
- 7-8 Step Right turning ¼ to the right (12:00 front wall), hold

3- ¼ TURNS RIGHT, HOLD, SWAYS, DRAG AND TOUCH

- 1-4 Do 3- ¼ turns as Left over right (3:00), Right to the right (6:00), Left over right (9:00), hold
- 5-8 Sway (put weight on) Right, Left, Right, Drag and touch Left foot next to right.

REPEAT

Dance will end after the box at front wall.

Contact: BreslauerDanceSF@yahoo.com
