Charleston Swing



拍数: 64 墙数: 2 级数: Easy Beginner

编舞者: Rosalee Musgrave (USA) - September 2011

音乐: Say, Has Anybody Seen My Sweet Gypsy Rose - Tony Orlando & Dawn



Begin dancing on the word "SAY"

RIGHT CHARLESTON

1 - 2 Touch Right Toe forward, Hold

3 - 4 Step Right back, Hold

5 - 6 Touch Left Toe back, Hold

7 - 8 Close Left Foot beside right, Hold

RIGHT CHARLESTON

1 - 2 Touch Right Toe forward, Hold

3 - 4 Step Right back, Hold

5 - 6 Touch Left Toe back, Hold

7 - 8 Close Left Foot beside right, Hold

TOE STRUTS SIDE, FRONT, SIDE, TOUCH & CLAP

1 - 4 Toe Strut Right side, Left Toe Strut crossing in front of right

5 - 8 Toe Strut Right Side, Touch Left beside Right, clap

TOE STRUTS SIDE, FRONT, SIDE, TOUCH & CLAP

1 - 4 Toe Strut Left side, Right Toe Strut crossing in front of left

5 - 8 Toe Strut Left side, Touch Right beside Left, clap

2 TRIPLES FORWARD

1 -4 Right Forward, Left Together, Right Forward (push both arms up to right diagonal) Hold

5 -8 Left Forward, Right Together. Left Forward (push both arms up to left diagonal) Hold

*** (RESTART DURING 3RD REPETITION FACING 12:00)

PIVOT 1/2 LEFT, PIVOT 1/4 LEFT

1 - 4 Pivot - Step Forward Right, Hold, Turn ½ Left, Hold

5 - 8 Pivot - Step Forward Right, Hold, Turn 1/4 Left, Hold

2 TRIPLES FORWARD

1 -4 Right Forward, Left Together, Right Forward (push both arms up to right diagonal) Hold

5 -8 Left Forward, Right Together. Left Forward (push both arms up to left diagonal) Hold

PIVOT 1/2 LEFT, PIVOT 1/4 LEFT

1 - 4 Pivot - Step Forward Right, Hold, Turn ½ Left, Hold 5 - 8 Pivot - Step Forward Right, Hold, Turn ¼ Left, Hold

End of dance facing 6:00 dance 3rd set of 8 counts touching Left toe. Touch Left Toe Behind Right, Unwind ½ Left keeping weight on Left, Point Right toe to front raising both arms in "V" shaking both hands.