拍数： 48
壇数： 4
级数：Easy Intermediate
编舞者：Roy Verdonk（NL）\＆Pim van Grootel（NL）－October 2011
音乐：Ooh Poo Pah Doo－Taj Mahal

## Starts after：After the lyrics，Ooh Poo Pah Doo

Walk，Walk，Out，Out，In，In，Walk，Step $1 / 4$ Turn R，Cross，Side
1 RF Walk forward
2 LF Walk forward
\＆RF Step to right side
3 LF Step to left side
\＆$\quad$ RF Step back to center
4 LF Step back to center
5 RF Step forward
6 LF Step forward
$7 \quad$ RF $1 / 4$ Turn right stepping to right side
8 LF Cross over RF
\＆RF Step to right side
Cross，Side，Sailor $1 / 4$ Turn L，Touch fwd／Hip Bump， $1 / 4$ Turn L，Touch Diagonal，Ball，Cross，Side
1 LF Cross over RF
$2 \quad$ RF Step to right side
3 LF Cross behind RF
\＆$\quad R F 1 / 4$ Turn left stepping next LF
4 LF Step forward
5 RF Touch forward，Hip bump
$6 \quad R F 1 / 4$ Turn left stepping to right side
$7 \quad$ LF Touch diagonal left forward
\＆LF Step to left side
8 RF Cross over LF
\＆LF Step to left side
Cross，Hold，Side，Cross Rock， $1 / 4$ Turn R， $1 / 2$ Turn R，Coaster Step
1 RF Cross behind LF
2 Hold
\＆LF Step to left side
3 RF Cross over LF
4 LF Recover weight
$5 \quad \mathrm{RF} 1 / 4$ Turn right stepping forward
$6 \quad$ LF $1 / 2$ Turn right stepping backwards
7 RF Step backwards
\＆LF Step next RF
8 RF Step forward
Rock Step 2x， $1 / 2$ Turn R， $1 / 4$ Turn R
1 LF Step forward
\＆LF Step next RF
3 RF Step forward
4 LF Recover weight
\＆
RF Step next LF

LF Step forward
RF ½ Turn right stepping forward
LF Step forward
RF $1 / 4$ Turn right stepping to right side

## Side, Cross, Side, Heel, Ball, Cross, Syncopated Weave

1
LF Step to left side
RF Cross over LF
LF Step to left side
RF Heel diagonal right forward
RF Step next LF
LF Cross over RF
RF Step to ride side
LF Cross behind RF
RF Step to right side
LF Cross over RF
RF Step to right side
LF Cross behind RF

## Side, Hold, Sailor Step $1 / 4$ Turn L, Step $1 / 4$ Turn L / Hip Roll, Step $1 / 2$ Turn L / Hip Roll

\& RF ¼ Turn left stepping next LF
4 LF Step forward
5 RF Step forward
$6 \quad$ LF $1 / 4$ Turn left stepping to left side, hip roll
7 RF Step forward
8 LF $1 / 2$ Turn left stepping forward, hip roll

