Let's Do It With The Heels and Toes

级数: Beginner

编舞者: Christina Lung-Lung King (HK) - October 2011

音乐: Hotshot - Brown Eyed Girls : (Album: Hot Shot)

Start dancing after approximately 22 seconds (Start on lyrics 'Hey DJ') - No Tag. No Restart.

Section One: Pigeon Toes x2, Step Forward on R Heel, L Heel, RF Back, LF Closes to RF

- 1-2 Pigeon toes (weight on toes swivel heels apart, back together)
- 3 -4 Pigeon toes (weight on toes swivel heels apart, back together)
- 5 -6 RF step forward onto heel, toes raised off the ground LF step forward onto heel, toes raised off the ground
- 7-8 RF step back, LF step beside R

Section Two: RL Swivels

拍数: 32

- 1-2 Heels swivel R, toes swivel R
- 3-4 Heels swivel R, pause one beat
- 5-6 Heels swivel L, toes swivel L
- 7-8 Heels swivel L, pause one beat

Section Three: Toe Strut Forward x 4

- 1-2 RF forward toe heel
- 3-4 LF forward toe heel
- 5-6 RF forward toe heel
- 7-8 LF forward toe heel

Section Four: Jazz Box x 2 with 1/4 turn

- 1-2 RF cross in front of LF, step back
- 3-4 RF step to R side with ¼ turn R, LF close beside R (facing 3:00)
- 5-6 RF cross in front of LF, step back
- 7-8 RF step to R side with ¼ turn R, LF close beside R (facing 6:00)

Start Again.

Enjoy the dance!





墙数: 2

2