# Slave To The Music

拍数: 32

级数: Intermediate

编舞者: Tina Argyle (UK) - October 2011

音乐: Slave to the Music - James Morrison

Count In : 16 counts from start of track - start dancing with lyrics.

## Section 1. Right Mambo Fwd. Step back. Sweep, Behind Side Cross. Side Rock, Cross & Cross & Cross

- 1&2 Rock fwd onto right. Recover weight onto left. Step back right.
- &3 Sweep left round. Cross left behind right.
- &4 Step right to right side. Cross left over right.
- 5&6 Rock right to right side, recover. Cross right over left.
- &7 Step left to left side. Cross right over left.
- &8 Step left to left side. Cross right over left.

### Section 2. Side Rock ¼ Turn. ½ Turn. Hitch. Coaster Step. Mambo Fwd. & Side & Behind Side Cross.

- Rock left to left side. ¼ turn right recovering weight fwd onto right. (3.00) 1&
- 2& <sup>1</sup>/<sub>2</sub> turn right stepping back left. Hitch right knee.(9.00)
- 3&4 Step back right. Step back left. Step fwd. right.
- 5& Rock fwd. left, recover onto right.
- 6& Rock left to left side, recover weight onto right.
- 7&8 Cross left behind right. Step right to right side. Cross left over right.

### Section 3. Rocking Monterey ½ Turn. Mambo Fwd. Triple Full Turn ( or Left Coaster Step)

- 1 2 Rock right to right side, recover weight onto left.
- & Make  $\frac{1}{2}$  turn right stepping right next to left. (3.00)
- 3 4 Rock left to left side, recover weight onto right.
- & Step left at side of right.
- 5&6 Rock fwd right, recover weight onto left. Step back right.
- 7&8 Make a triple full turn left on the spot stepping left, right, left OR a left coaster step.

### Section 4 . Switching Side Rocks right then left. Mambo Fwd. Triple Full Turn ( or Left Coaster Step).

- 1 2 Rock right to right side, recover weight onto left.
- & Step right at side of left.
- 3 4 Rock left to left side, recover weight onto right.
- & Step left at side of right.
- 5&6 Rock fwd right, recover weight onto left. Step back right.
- 7&8 Make a triple full turn left on the spot stepping left, right, left OR a left coaster step.

### Tag; End of Wall 7 Repeat Sections 3 & 4 then start from beginning of dance (Section 1.)

### Enjoy and set your soul free!!!!!!!





**墙数:**4