

Samba Mera

拍数: 52 墙数: 4 级数: Intermediate
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音乐: Mera Meti Mera - Antique



Intro: 16 counts - Start on Vocals

BOTAFOGO – ¼ TURN LEFT

1a2 Cross L over R – Rock R to R side (on ball of R) – Recover on L
3a4 Cross R over L – Rock L to L side (on ball of L) – Recover on R
5a6 Step L forward - (make ¼ Turn Left) Step R to R side – Recover on L
7a8 Cross R over L – Rock R to R side – Recover on L

SYNCOPATED FULL TURN – SYNCOPATED ¾ TURN

1&2&3&4 Step L forward (while turn Left) – Step R ball behind L – Step L forward – Step ball on R –
Step L forward – Step ball on R – Step L forward
5&6&7&8 Step R forward (¾ Turn Right) – Step ball on L – Step R forward – Step ball on L – Step R
forward – Step ball on L – Step R forward

SIDE MAMBO CROSS – ROCK FORWARD – RECOVER – MAKE ¼ TURN LEFT - CHASSE

1&2 Step L side – Recover on R – Cross L over R
3&4 Step R side – Recover on L – Cross R over L
5-6 Rock forward on L – Recover on R
7&8 ¼ turn Left to L side – Close R – Step L side

BOTAFOGO – SYNCOPATED CROSSES

1a2 Cross R over L – Step L to side – Recover on R
3a4 Cross L over R – Step R to side – Recover on L
5&6&7&8 Cross R over L (Turn ¼ Right) – Step L side – Cross R over L – Step L side – Cross R over
L – Step L side – Cross R over L

SYNCOPATED WEAVE - HITCH – ¼ TURN LEFT

1&2&3-4 Cross L over R – Step R side – Step L behind R – Step R side – Cross L over R – Hitch R
knee up (Diagonal)
5&6&7&8 Step R behind L – Step L side – Cross R over L – Step L side – Step R behind L – Step L
forward (¼ Turn Left) – Step R forward

FORWARD MAMBO – BACK MAMBO – SIDE MAMBO

1&2 Step L forward – Recover on R - Together
3&4 Step back R – Recover on L - Together
5&6 Step L side – Recover on R – Close L
7&8 Step R side – Recover on L – Close R

SPANISH BREAKS

1-2 Step L forward – Kick R forward
3&4 Step back on R – Step back on ball of L – Step R in place

RESTARTS: Wall 1 - Wall 3 – Wall 5... after 44 counts.