Semowah



编舞者: Kenny Teh (MY) - November 2011

音乐: Shen Me Hua (什么话)



Intro: on vocals

(S1) Rocking Chair, 1/2 Turn Shuffle

1-4 Rock forward right, recover, rock back right, recover 5-8 Rock forward right, recover, ½ turn right shuffle forward

(S2) Rocking Chair, ½ Turn Shuffle

1-4 Rock forward left, recover, rock back left, recover 5-8 Rock forward left, recover, ½ left shuffle forward

(S3) Weave, Side rock recover, Shuffle

1-4 Step right, step left behind, step right, step left over right,

5-8 Step right to right, recover, cross shuffle RLR

(Count 5: Point your right hand right)

(S4) Weave, Side rock recover, Shuffle

1-4 Step left, step right behind, step left, step right over left

5-8 Step left to left, recover, cross shuffle LRL

(Count 5: Point your left hand left)

(S5) Touch, Kick, Step, Touch, Hip Bumps, Shuffle

Touch right, kick right, step right back, touch left in front of right Hip bumps RLR (Left hand on left hip, right hand pointing up)

7&8 Fwd shuffle LRL

(S6)Toe Struts X4 Moving Forward

1-8 RLRL moving forward (Both hands shoulder high, clicking fingers on even counts)

(S7) Turn, Recover, Spot Shuffle, Turn, Recover, Spot Shuffle

(S8) Toe Struts X 2, ½ Turn ShuffleX2

1-4 Right toe struts moving back, Left toe strut moving back (Both hands shoulder high, clicking

fingers on even counts)

5&6 ½ turn right fwd shuffle RLR,

7&8 Fwd shuffle LRL